

Education is about empowerment, about cultivating a human being to the highest possible potential-a tool for fulfilling the immensity of Being.

Sadhguru



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2022-2023



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# Significance of Foundational Learning



Early learning phase from the age of 3 to 8 years is most critical period in a child's education. It lays the foundation for lifelong well being, and overall development of all dimensions-physical and motor, cognitive, socio-emotional-ethical, cultural and artistic. This is a crucial period of intense, rapid growth and development. Early Childhood education fosters a healthy foundation for life.

Young children are unique. They are natural researchers with great observational skills. They learn through observation, imitation, and collaboration. They learn through concrete experiences. Children are leaving home for the first time and interacting with the outside world. Teachers should be sensitive and responsive to the needs & children and help them through this transition. Teachers act as a mediator between the school & home.

Foundational learning gives an opportunity to the children to expand their worlds beyond home life, to develop critical skills through play and activity. It is a stage to nurture young minds in a safe and encouraging environment. Children are natural learners. They learn best through play which includes a wide range of activities and stimulating experiences. They learn through interaction with other children. They learn about the surroundings. They develop language abilities, learn about letters & sound. They learn to count & recognize numbers. Maximum brain development takes place during this stage.

Socialization of the children in a safe environment is essential to make them overcome shyness and gain self-confidence. Children explore to discover new experiences, new friends and new environments.

It is necessary to give them right values during this stage. Teachers act as role models and help them to develop skills in managing themselves and their emotions. Children work in groups and develop team spirit, and the value fo cooperating with one another. Children learn to appreciate the significance of festivals and celebrations and soon imbibe values like honesty, simplicity, love and understanding.

Thus high quality early childhood education will give the best opportunity to all children to grow into good, ethical, and creative human beings.

- Dr. Krishna Gupta President



# Copperation Over Competition

Coming together is a beginning, keeping together is progress, working together is success.

I believe children come into this world as capable beings. They teach us those "aha" moments in life which lead to a deeper understanding of the world in which we live. They come into the world with open arms, hands and minds. Play and activity are the primary ways of learning and development with continuous opportunities for children to experience, explore and experiment. I can't think of a better gift than to be able to support young child's first learning experiences.

Play provides active and stimulating learning opportunities to children. They are constantly developing their cognitive, social, emotional and physical skills. As they make sense of their environment they are also developing a deeper sense of self: self awareness, self efficacy and self reflection.

At Patanjali Group of Schools, our mission is to promote holistic and value based education. We aim to make learning a joyful experience for the students. We believe that every child is capable of learning regardless of the circumstances of birth or background. Each child is different, grows, learns and develops at their own pace and hence we promote a happy and stress free learning pedagogy at this crucial foundational stage.

Children are natural researchers with great observational skills hence our teaching methodology is a regular and step wise learning process where we assess and evaluate the learning gaps and patterns throughout the academic session. Therefore, the evaluation process at Patanjali Nursery school is the part of the regular teaching learning process.

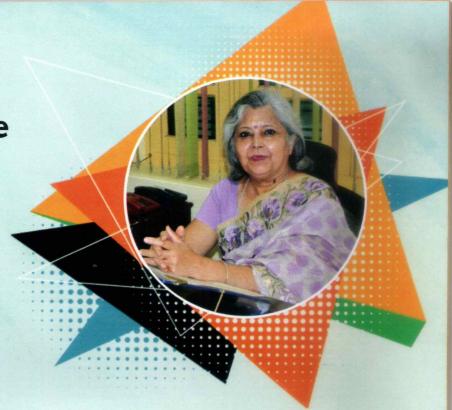
The parents are the most strengthening power in moulding the future of children. We value regular contact with parents/guardians and regard the home-school partnership as an essential part of the education process. The consistent support we get from our esteemed parents empowers us to do more and more. I pay my gratitude to them for their faith in us.

I would like to appreciate the contribution of the publishing unit and every member for working tirelessly for the annual school magazine it reflects the team work and spirit of the school.

Dear parents, I feel deeply honoured and happy to share with you the learning journey of your child at the foundational stage.

- Rekha Baid Director Early childhood care and education:

The foundation of learning



"Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectation".

At PNS we strive to give every student the opportunity to express himself/herself through a carefully planned curriculum. Over 85% of child's cumulative brain development occurs prior to the age of six indicating the critical importance of appropriate care and stimulation of the brain in the early years in order to ensure healthy brain development.

Hence, Early Childhood Care and Education(ECCE) at PNS consists of flexible, multifaceted, multilevel, play, activity and enquiry based learning comprising of languages, indoor and outdoor play puzzles, visual art and craft, drama and puppetry, music and movement.

Each child at PNS is unique and as educators it is our responsibility to nurture and develop every learner in the formative years.

Therefore, our dedicated and highly motivated team of educators focus on developing cultural and artistic aptitude, sensitivity towards ecosystem, social ethics, courtesy and moral responsibility towards society and community as a whole.

PNS believes that:

"Education is for human transformation. This can be achieved in the society when we create citizens with virtues while learning in school".

 Vibha Srivastava Headmistress Nursery

# **CELEBRATIONS**

#### Ram Navami:

The festival of Ram Navami holds a special place in our hearts as it is the day on which Lord Rama was born. Our Nursery children celebrated Ram Navami by presenting a small skit on Sri Rama's childhood that stole everyone's heart.



#### Guru Purnima:

गुरूंबन्दे मातृरूपम् गुरूंबन्दे पितृरूपम् गुरूंबन्दे करूणामयम् गुरूंबन्दे सुज्ञानमयम्

Our little ones celebrated Guru Purnima by doing colouring activity. They coloured the picture of ancient guru and were told the importance of guru in their life by their present gurus (teachers).





#### Swaraj week:

It is swaraj- when we learn to rule ourselves. The week before independence day was celebrated as Swaraj Week by PNS children. Many activities were performed by the little ones during the week like pasting the pictures of freedom fighters, colouring of national flag. Some of our little patriots were dressed up as freedom fighters and went for a rally. Some performed on the patriotic action song. Marking the freedom and glory of the Nation our little ones celebrated 75<sup>th</sup> Independence Day by singing our National Anthem by beeping their spirits high and exhibiting enthusiastic attitude.







#### Rakshabandhan:

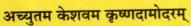
Rakshabandhan is not just about rakhi, roli and mithai. It is also about the unique bond between a brother and a sister. Little ones were told about this bond through a story. Handmade rakhis were made by the teachers and the children tied them on each others wrist.

#### Janmashtami:

कृष्णाय वासुदेवाय देवकीनन्दनाय च । नन्दगोपकुमाराय गोविन्दाय नमो नमः ।।

Lord Krishna is considered as the eighth avatar of Lord Vishnu, the preserver among the trinity. Krishna Janmashtami was celebrated by our little angels with great zeal.

They dressed up as Radha and Krishna and presented a heart stealing performance on the song.









#### Teacher's Day:

A teacher plants the seeds of knowledge, sprinkles them with love and patiently nurtures their growth to produce tomorrow's dreams. Our little learners took this opportunity to show their gratitude by making handmade cards for their teachers.

#### Gandhi jayanti:

On the birth anniversary of Mahatma Gandhi our little learners gave their tribute to loving 'Bapu' and presented the song-

#### रघुपति राघव राजाराम । पतित पावन सीताराम ।।

They also presented a small skit in which they dressed up as Gandhiji's three monkeys and took the vow to spread the message- see no evil, speak no evil and hear no evil.





#### Dussehra:

#### यतो धर्मस्ततो जयः।

Where there is dharma (performance of one's duties) there is victory. On Dussehra the little ones were shown a video highlighting the life of Lord Rama to apprise them of the significance of the victory of good over evil.

#### Diwali:

Diwali which is famously known as "Festival of Lights" is also a festival of communal harmony. The Tiny tots of PNS celebrated Diwali











with fervor. They presented Jhankis of Lord Ganesha, Goddess Lakshmi and Ram Darbar, where they dressed up as Lord Rama, Laxman, Bharat, Shatrughan, Maa Sita and Hanuman. Little learners were briefed about the ill effects of burning crackers and were encouraged to celebrate a pollution free green Diwali.



#### Children's Day:

'Children are the gift of God, let them fly with their thoughts'. Children's day is the most awaited day for children.

We celebrate this day to commemorate Chacha Nehru's love for children. Class picnic was organized for the little ones where they came in their favourite party dresses with their favourite home made food. They danced on songs and had lots of fun. A magic show was also organised for them on children's Day.





#### Christmas:

This year our little Santa's celebrated Christmas in the yuletide spirit. The spirit of festivity reached to a greater height when they dressed up as Santa and sang the Christmas Carols song Jingle bells, jingle bells.....



#### Makar Sankranti:

उड़ी जो पतंग, तो खिल गया दिल। गुड़ की मिठास में देखो, मिल गया तिल।।

The tiny tots celebrated 'Makar Sankranti' with gaiety. The harvest festival was introduced to children through a story which highlighted the significance of the festival. They enjoyed making kites in the craft session that reinforced the concept of Sankranti where people fly kites during the festival.



## ACTIVITIES

#### Earth Day:

Earth day is a chance for us to celebrate our planet and learn about the ways to protect it. This year our nursery students celebrated the 'world earth day' on 22nd April under the guidance of their teachers. Our little ones showed their love and respect for mother earth by participating in a paper pasting activity to make a globe. The importance of trees was also explained to them by the teachers.



#### Mother Day:

Mother's day is a celebration honoring the mother, as well as motherhood. To show the love and respect to their mothers the young and adorable students of class nursery celebrated this most special day on 9th May with a diary activity, in which children pasted the photographs of their mothers on a handmade beautiful flower made by them.



#### Hindi Diwas:

Hindi is the symbol of our social and cultural unity and is the connecting language of the people of India. Students of class nursery took part in Hindi poem recitation and shloka chanting activity on the occasion of Hindi Diwas on 14th September.



#### Summer Season Workshop:

Every year our planet experiences four seasons autumn, winter, spring and summer. Our little learners are taught to observe the changes across the four seasons through different activities. This year our students participated enthusiastically in a summer season workshop in the month of April and enjoyed a lot. Children prepared different cutouts of fruits, vegetables, food items and gadgets that we use in summer season children came to school wearing caps sunglasses and summer clothes that day.



#### Role play Activity:

Role play is an integral part of a child's development. It helps them to develop physically, emotionally and socially. Through role play children can explore different aspects of their identity and understand themselves and the world around them better. The students of Nursery participated in a role play activity on the topic my family on 9th September. Children represented different family members which gave them an opportunity to assume their role in a family. The children were dressed up smartly and spoke with enthusiasm about their favourite family member.



#### Global hand washing day:

With the aim to inculcate the habit of hand washing among children and educate them to maintain good personal hygiene, Global Hand Washing day was observed by our tiny tots on 15th October. Teachers taught the kids the steps of washing hands. Children also presented their creativity through a paper hand pasting diary activity.

#### **English Recitation Activity:**

Rhymes help children to experience the rhythm of a language. As children recite rhymes, they learn to speak with voice modulation,



expression and confidence. Patanjali Nursery School, aiming to provide opportunity to poets of class Nursery, organized an English recitation activity that engaged the students in an activity of understanding of rhythmical creation of words. It was a treat to watch the little children all decked up with appropriate props as they shared a few lines with all their heart. Participation certificates were also shared with all the students.



#### Tricycle Race:

Competitions and races play a significant role in shaping and motivating individuals to perform to the best of their capabilities and learn varied skills that aid their all-round development. Races and competitions offer a lot more than just rewards. A tricycle race was organized by our school for the Nursery students. The kids were truly focused and racing to fly the entire ground on air of festivities and fun.



#### **Puzzle Fixing Activity:**

Puzzles are a good introduction to the concept of fitting things together. They are an important educational learning tool for toddlers as they provide many skills and cognitive benefits.

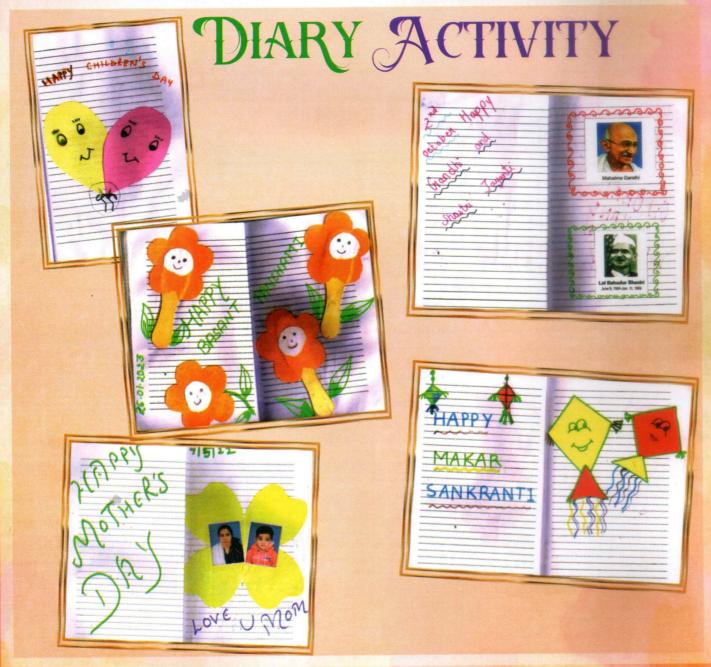


A puzzle fixing activity was conducted for class Nursery. It was amazing to see these young champions fixing the puzzles with great accuracy and speed. The objective of the event was to build our learner's critical thinking skills and enhance confidence in their abilities to complete challenging tasks.

#### Colouring Activity:

Colouring is a very important activity to develop the fine motor skills. It also develops kids creativity and love for art. A creative colouring activity for class nursery was organized in the month of December. All the students participated in the activity and they were engrossed fully in the activity. Students proudly held their paintings in their hands and posed for pictures.





# THUAL FURCTION

This year nursery celebrated its annual function with the theme

HAKUNA MATATA



As we all know childhood is that golden face of our life where we live our life to the fullest with no worries.

This year our Nursery children celebrated their Annual Function with the theme Hakuna Matata (World of No Worries)).

The occasion became gracious with the esteemed presence of Honourable Justice Manju Rani Chauhan, Chief Guest for the day.

Our President Dr. Krishna Gupta, Director Yashovardhan Sir and Rakha Baid Gupta inaugurated the function.





















# HEALTHY DIET

Health is the most important aspect which decides the quality of life. The type of diet children are consuming determines their Physical Development, Mental Development and strength of Immune System.

Children's Diet should include Ragi, Bajra, Jowar and Corn. It can be given to them in the form of Roti or Porridge. Refined flour cookies can be substituted with multigrain cookies. These grains are rich source of Fiber and Protein. Refined flour and refined sugar should be avoided as sugar is just an empty calorie without any nutrition. It can be substituted with jaggery which is rich source of Iron and Minerals. Using honey or jaggery in place of sugar will provide nutrition and strengthening of immune system. Months old packed snacks like chips which are wrapped in plastic or aluminium packs are full of toxins, which is harmful for children's health. Instead their diet should include fresh fruits.

Fruits are high source of minerals, vitamins and energy. For fussy eaters it can be blended and should be given in different forms. Eating fruits is better than having juices as it eliminates fiber contents of fruits. Including 1 to 2 spoonful of ghee will fulfill the need of Vitamin A in child's diet and prevents constipation.

- Dr. Abhidha Shrivastava Senior Consultant T.B. Sapru Hospital, Prayagraj

### PROWH 2022-23

| Class  | Best Conduct         | Best Uniform      | Best Activity Book | Best Holiday H.W. |
|--------|----------------------|-------------------|--------------------|-------------------|
| NUR-A  | Aditri Tiwari        | Shaurya Shukla    | Anaya Srivastava   | Atharva Tripathi  |
|        | Aadvika Tripathi     | Shreyash Agrawal  | Dhriti Upadhyay    | Aariv Chaurasia   |
|        | Atharva Pratap Singh | Mahira Jaiswal    | Tejas Satyarth     | Tejas Satyarth    |
| Ž      | Shaurya Shukla       | Satyansh Kumar.   | Yakshith Bhaskar   | Nishtha Kesarwani |
|        | Swarnim Jauhari      | Advita Agrawal    | Arshita Singh      | Atharv Arya       |
|        | Aaroh Jaiswal        | Shanvi Mittal     | Aarav Mishra       | Amrita Singh      |
| В      | Yash                 | Rachit Jaiswal    | Bhavya Jaiswal     | Aarav Mishra      |
| NUR-B  | Ishaanvi             | Satvik Prajapati  | Praneel Singh      | Krisha Bindal     |
| Z      | Avya                 | Avika Singh       | Shivansh Yadav     | Aavya Yadav       |
|        | Aarav Mishra         | Aaradhya Pandey   | Aarna Kesarwani    | Lakshit Singh     |
|        | Dakshesh Km Singh    | Aditya Bajpai     | Dakshesh Kumar     | Vedika Srivastava |
| U      | Vitrika Yadav        | Abhimanyu Pandey  | Vedant Pal         | Yug Pratap Singh  |
| NUR-C  | Aanya Patel          | Aryan Kumar       | Sanvi Yadav        | Jaysvi Gautam     |
| Z      | Jaysvi Gautam        | Ayansh Yadav      | Daksham Pandey     | Aditya Bajpai     |
|        | Parth Kesarwani      | Vedika Srivastava | Pragya Singh       | Pragya Singh      |
|        | Aarush Pandey        | Aanya Singh       | Anvi Maurya        | Aanvi Yadav       |
| 2      | Dev Tripathi         | Dikshant Pratap   | Anushree Tripathi  | Arna Gupta        |
| NUR-R  | Nityam Pandey        | Samriddhi Singh   | Avika              | Rivaan Agrawal    |
| ž      | Rudransh Gupta       | Vivaan Shukla     | Saanvi Kulshreshth | Mritunjay Gupta   |
|        | Shivansh Bajaj       | Vihaan Patel      | Vaibhav Singh      | Akshita Singh     |
|        | Navya Singh          | Eeshan Saxena     | Aashutosh Yadav    | Anudhya Dwivedi   |
| 32     | Aarav Jaiswal        | Vaidehi Rai       | DevanshKumar Bind  | Ishaanvi Singh    |
| NUR-R2 | Mishika Srivastava   | Shree Gupta       | Kaashvi Digra      | Sharva Shukla     |
| Z      | Yash Singh           | Satvik Singh      | Shivansh Maurya    | Kaushiki Mishra   |
|        | Shanaya Kesarwani    | Atharva Pratap    |                    | Jayas Kumars      |

### 

#### Janmashtami:

Janmashtami is one of the major religious festival of India. Children were told the story of Lord Krishna in an easily understanding manner. They also learnt the bhajan - Achyutam Keshavam and demonstrated the same in the most pleasant way. As a craft work in the Scrap Book Krishna's Lotus feet were cut, pasted and decorated by the magical hands of our little ones.



#### Navratri:

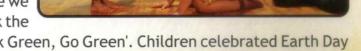
Our country has a rich culture and festivals are the best way to make the children understand and appreciate cultural differences. The KG wing celebrated Navratri festival with great pomp and show. The story

of Goddess Durga was beautifully depicted through

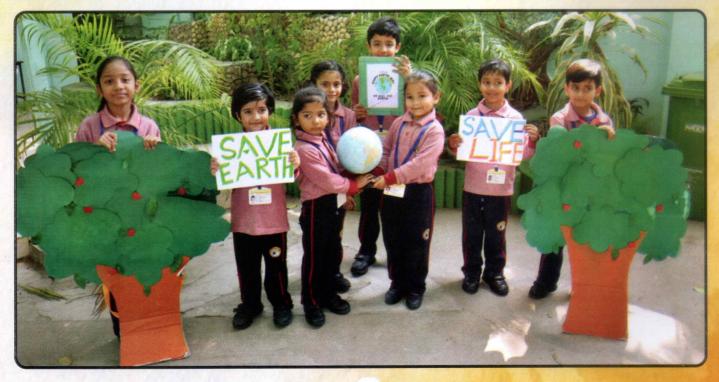
dance drama.

#### Earth Day:

'The Earth has enough for everyone's need but not enough for everyone's greed' with the motto to make everyone aware of the essence of this quote we celebrated Earth day on 22nd April. Teachers took the



day as an opportunity to teach the children 'Think Green, Go Green'. Children celebrated Earth Day by the colouring the picture of 'Mother Earth' with the pledge to keep the planet Earth Green.



#### Basant Panchami:

Basant Panchami is an auspicious festival. This day is dedicated to Goddes Saraswati who is regarded as the Goddess of Knowledge. Basant Panchami also marks the beginning of preparation for Holi. Yellow coloured clothes are adorned by the people on this occasion while offering yellow flowers to the Goddess with yellow tilak. The yellow colour is deeply associated with auspiciousness and wisdom. KG children celebrated basant panchami by wearing yellow clothes and they made yellow flower cutout and pasted it on their pencil. Children placed the book and pencil in front of Goddess Saraswati for her blessings.





#### Gandhi Jayanti:

On 2nd October India observes Gandhi Jayanti - Birth anniversary of the 'Father of the Nation' who gave the world the invincible weapons of 'Truth' 'Non- violence' and compassion. The Mahatma's one of the favourite bhajan 'Raghupati Raghav Raja Ram' was soulfully sung by the children. The children also dressed up as the 3 wise monkeys representing the principles of Gandhiji 'SEE NO EVIL, HEAR NO EVIL, SPEAK NO EVIL.









#### Swaraj Week:

To mark the importance of Independence Day, Swaraj Week is celebrated in PNS from 8th Aug-15th Aug. with great patriotic fervour and zeal.

To celebrate the 75th year of Independence, this year we had the theme of Har Ghar Tiranga for - Azaadi ka Amrit Mahotsav. To make the children understand the theme various activities were done throughout the week which included - collage making, tricolor festoon as craft activities and participated in patriotic rhymes and songs.









#### Mother's Day:

Mother's Day is celebrated to honour mother and motherhood, her selfless love and influence in society. The celebration started with the morning assembly followed by song - 'I LOVE MY





MOMMY'. A take away was prepared by the children to show their love and respect for their mother's unconditional love for them.

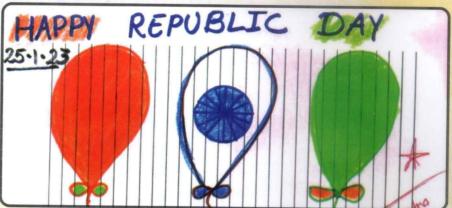




#### Republic Day:

Republic Day of India was celebrated in Patanjali Nursery School on 26th January 2023. The children were told about the importance of the constitution of India. The students of KG made an Indian Tricolour fan and folding puppet as craft activity. The students also presented soulful songs and dances to celebrate this memorable day.





#### Raksha Bandhan:

Raksha Bandhan was celebrated by the tiny-tots of PNS. A craft activity 'Rakhi Making' was done in KG classes. Children learnt how to make a Rakhi by paper cutting and pasting method. They all decorated their Rakhis with their tiny hands and expressed their true love. Teachers enlightened the students about the importance of celebrating Raksha Bandhan.



#### **Grand Parents Day:**

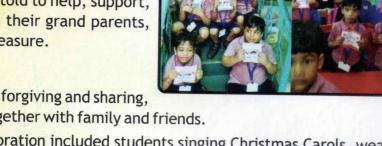
Grand Parents day was celebrated in PNS. The idea behind this celebration is to honour grandparents for all their unconditional love and sacrifice.

Children were also told to help, support, care and spend time with their grand parents, as they are our valuable treasure.

#### Christmas:

Christmas is for joy, forgiving and sharing, for laughter, for coming together with family and friends.

The delightful celebration included students singing Christmas Carols, wearing beautiful red and white dresses, bringing their favourite food in lunch, dancing and sharing the merriment together.









Children's Day:

Children's day is celebrated as a tribute to late Shri Jawahar Lal Nehru. It was a day full of fun and frolic. The day started with special assembly, stories of Chacha Nehru and his love for children were told to the children. They had a class picnic and sweets were distributed. The teachers arranged games like musical chairs etc. A selfie corner was another big attraction for the children where they got their pictures clicked with their friends. The teachers tried to make this day a memory for life time attraction for our little masters. A magic show was organised for the little ones. It was a lovely and fun filled show and was happily enjoyed by one and all.



#### Diwali:

A celebration time to remember the return of Lord Rama, after killing the demon king Ravana, Diwali holds a special excitement for one and all. At PNS children celebrated Diwali by decorating the classrooms with colourful diyas and Rangoli. A beautiful craft activity of diya making was done by the children. They also took the pledge to celebrate eco-friendly Diwali.



#### Global Hand Washing Day:

Global Hand Washing day was celebrated with enthusiasm at PNS. Teachers told the children easy steps to maintain hand hygiene. They were told the importance of cleaning hands regularly They also did an activity in their drawing books emphasising the importance of Clean Hands - Happy Hands.







## RADIAHT STARS







## ANNUAL FUNCTION

Symphony of Talents

KG section of PNS celebrated their Annual Function 'Symphony of Talents' on 27.11.2022. This year the function was organized in 2nd shifts (Morñing and Afternoon). The chief guest for the first shift was Dr. Roopa Shankar (Renowned Child Psychologist). Mr. Rahul Sripath (Senior Advocate High Court) was the Chief Guest for the second shift. Children enthralled the audience and filled the auditorium with their dynamic and vivacious energy in different programs. It was ensured that there should be 100% participation of the children in the function.









**ZUMBA - FITNESS WITH FUN** 





#### WELCOME SONG: SMALL CHEER AND GREET, MAKES A MERRY FEAST





#### STORY - INSTILLING VALUES





#### **UNICORN - DAZZLING SUNSHINE**



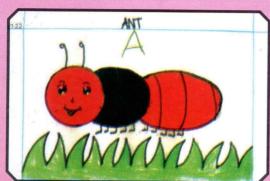


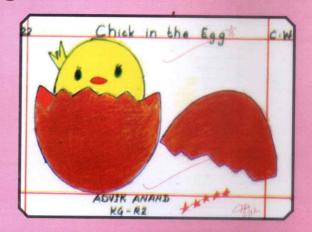
DANCE RADHA KRISHNA

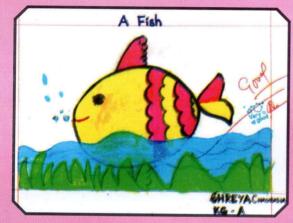


# TITTLE HEARTS COLOURFUL THOUGHTS







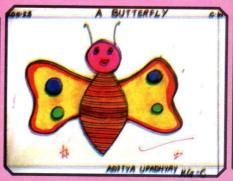


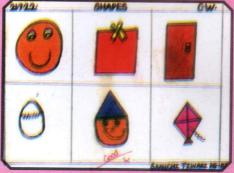














# How To Reduce THE SCREEN TIME OF YOUR KIDS

Smart phones have become an integral part of our lives nowadays and we cannot imagine even a single day without them.,

They have replaced our alarms, calculators, newspapers and our entertainment resources. We have become so much dependent on them that we feel helpless without them. We are a kind of addicted to them and so are our children. We show them cartoons on our smart phones for every single tantrum of theirs. They blackmail you emotionally for everything in exchange for screen time and we agree to them, be it eating or drinking milk and so on.

Smart phones are of benefit to us also because we can get all the information on internet but they do more harm than good to our kids.

They release harmful radiations which can affect the concentration span of our kids, can affect their eye sight, can cause anxiety and depression and low self esteem among the children.

Its high time now that we reduce the screen time of our kids. Before that we as parents have to change our dependence on smart phone first and we should limit out screen time to less than one hour per day.

So to start with inculcate the habbit of not touching your phone as a first thing in the morning.

Following activities can be planned by you for your kid so that they don't even ask you for smart phones

- 1) Make a time table for them
- 2) Sit with them and ask them about their school hours
- 3) Take them to a nearby park and let them play outdoor
- 4) Give them some homework to be done by them
- 5) Arrange some co- curricular activity like craft, drawing, painting, singing, dancing, instrumental music twice or thrice in a week.
- 6) Take their help in routine house hold work and educate them to do their work on their own.
- 7) Let them watch their favorite cartoon on TV rather than on smart phone
- 8) Do not use smart phone in front of them
- 9) Never fall prey to their tantrums and learn to say NO at times
- 10) Be polite to them and try to explain them everything politely

Be polite to them

- Dr. Anjali Sharma M/o Aarna Sharma, KG-A

# WORK SHOP

Learning is pleasurable but doing is the height of "Enjoyment"







For the things we have to learn before we can do them, We are learning by doing them







Little hands on learning



Learning Days of the week



Lemonade making in classes- learning life skills

## BEST PERFORMANCE OF THE YEAR

| ak Singh sh Singh Chaurasia v Singh dhant |
|---|
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| Tripathi                                  |
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| harma                                     |
| laurya                                    |
| ri  |
| Singh                                     |
| Tiwari                                    |
|   |

### ASPIRANTS

| Class | Colouring         | English Hand Writing | Spoken English     |
|-------|-------------------|----------------------|--------------------|
| KG-A  | Aaradhya Yadav    | Tejas Singh          | Aditya Dubey       |
|       | Tejas Singh       | Shasta               | Avni Dutt          |
|       | Ishaan Yadav      | Raunak Singh         | Avyakt Singh       |
| 8     | Siddhant          | Vanya Sahu           | Dhaanya            |
| KG-B  | Pragya            | Riddhiman Maurya     | Aarushi            |
|       | Yashvardhan       | Shreyansh            | Bhavya Nagar       |
| Ų     | Ratnesh Singh     | Yashasvi             | Jayana Singh       |
| KG-C  | Margi Choudhary   | Devansh Kumar Patel  | Ratnesh Singh      |
|       | Aradhya Yadav     | Margi Choudhary      | Avisha Singh       |
|       | Karnika Singh     | Aarna Yadav          | Anshuman           |
| KG-D  | Parth Kumar Singh | Vipul Singh          | Aarna Yadav        |
|       | Krishna Yadav     | Karnika Singh        | Krishna Yadav      |
| KG-E  | Archit Mishra     | Samriddhi Singh      | Varenya Agarwal    |
|       | Advik Verma       | Saransh Mehta        | Ashotosh Yadav     |
|       | Avyakt Shukla     | Aadhya Verma         | Arnav Kumar        |
| 2     | Pavani Gupta      | Lavanya Malviya      | Devansh Chaudhary  |
| KG-   | Pratishtha Maurya | Vihaan Tripathi      | Bhanvi Jain        |
| ~     | Lavanya           | Aryama Tripathi      | Ishaan Srivastava  |
| 22    | Shreyam Sankhawar | Shreyam Sankhawar    | Advay Gupta        |
| KG-R2 | Manya Agarwal     | Adrika Singh         | Anika Kesarwani    |
|       | Avya Kesarwani    | Vivaan Sharma        | Madhavan Singh     |
| 83    | Anika Parihar     | Aditri Maurya        | Avni               |
| KG-R3 | Shivansh Tiwari   | Divya Tripathi       | Kavya Singh        |
| ~     |                   | Yaashwan Singh       | Vanishka Chaudhary |



"Play is our brain's favourite way of learning." "Learning is pleasurable but doing is the height of Enjoyment."

The activity based learning revolves around Experimentation, Exploration and Expression. The Curriculum of class Prep revolves around the 3 E'S concept.

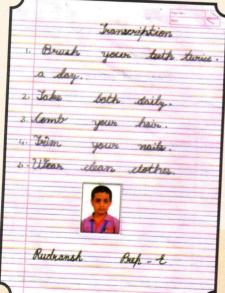
#### Hindi and English Writing Activity:

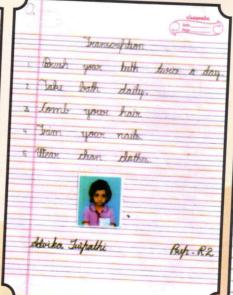
When you are teaching kids to write, You're teaching them to think;

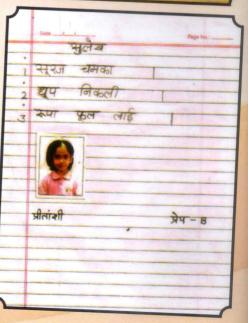
Writing is the window through which all thinking starts.

Therefore to enhance the writing skills, writing activity was conducted in all the sections of Prep.





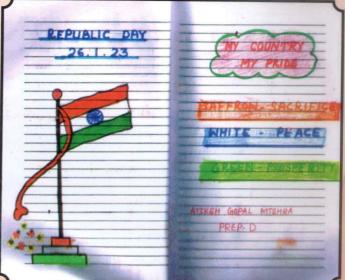




#### School Diary Activity:

The school Diary displays the school values, morals and heritage. It serves as a source of Information & communication between school, teachers, students and parents. Thus, to strengthen this relationship creative activities, were planned for the entire academic session by the Prep teachers.





#### Shloka Activity:

Shloka chanting is THERAPEUTIC. It energises the body, purifies the mind, and clears the soul. It is a regular feature of the morning assembly at PNS. Prep section organized shloka competition where the young learners recited Sanskrit shlokas with great confidence and love for their culture.

#### Geeta chanting competition:

The children of class Prep participated in the GeetaChanting activity organised by Chinmaya Mission Prayagraj.

| Name            | Class/sec. |
|-----------------|------------|
| Aadya Saroj     | Prep B     |
| Aditi Mishra    | Prep C     |
| Agrima Dwivedi  | Prep C     |
| Kartik Singh    | Prep D     |
| Kanika Dwivedi  | Prep D     |
| Arush Maurya    | PREP-E     |
| Pihu Maurya     | PREP-E     |
| Sanskriti Gupta | PREP-E     |
| Aarohi Singh    | Prep- R1   |
| Manushi Mishra  | Prep- R1   |

| Name                | Class/sec. |
|---------------------|------------|
| Sanvi Chandra       | Prep- R1   |
| Daksh Sharma        | Prep- R1   |
| Tanvi Tiwari        | Prep- R1   |
| Kartik Ojha         | Prep- R2   |
| yatharth Mishra     | Prep- R2   |
| Avikalp Singh       | Prep- R2   |
| AdvikaTripathi      | Prep- R2   |
| Shanvi Singh        | Prep- R3   |
| Aaradhyshree Pandey | Prep- R3   |

#### **Annual Function 2022-23**

### CREATIVITY IN FULL BLOOM

Prep section of Patanjali Nursery School celebrated their Annual function, "Creativity in full Bloom" on 19 Nov 2022.

This year the function was organised in two shifts. The chief guest for the 1st Shift was.Mrs. Rashmi Singh (Add. District Judge). Mrs. Diksha Shree (Add chief Judicial Magistrate) was the chief guest for the 2nd shift. The event commenced with the lighting of the lamp by the chief guest followed by stuti, an invocation for blessing of the almighty.

Next came ZUMBA - a fun and effective body workout which was energetically presented by children.

"Bharat Ki Beti" a dance skit, tribute to Flight Lieutenant Gunjan Saxena impressed & mesmerized the audience.



Lighting of the lamp Stuti-Divine Blessings Music & Dance Performance

Next was a thought provoking NukkadNatak", depicting the ill effects of mobile phones. The young artists performed it beautifully.

Then came the "Ballet Dancers" who mesmerized the audience with their graceful and beautiful moves.

The last performance of the event was the "Good bye song" by the young singers of Prep.



# **CELEBRATIONS**

Knowing about our culture and country is an integral part of education. Celebrations are the important source of learning for pre-school children. Hence at PNS we salute the pride of being Indian by celebrating all our National Festivals.

### Independence day/Swaraj Week:

Swaraj is my birth right and I shall have it.







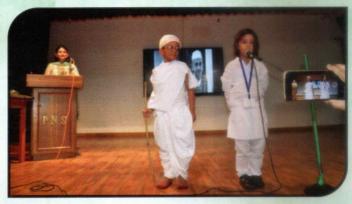




### Gandhi Jayanti/Shastri Jayanti:

"The best way to find yourself is to surrender yourself in the service of mankind". A tribute to 2 great leaders of India by the tiny tots.





### Republic Day:

Freedom in mind, strength in the words, pride in our souls, a salute to the nation by the little children of Prep.



#### **Guru Purnima:**

Guru Purnima, celebrated in the month of July is also called "Vyas Purnima". Prep children depicted the auspicious & pious relationship of a Guru and Shishya through a skit in the RK-Hall.







### Diwali:

With the chain of five scintillating festivals, which began with Dhanteras, reached their crescendo in Diwali. The entire atmosphere in the region was soaked in the spirit of devotion and rejoicing, of all the Indian festivals, these five back to back festivals with Dhanteras & Narak Chaturdashi preceding Diwali, Govardhan Puja & Bhai Dooj following it embodied the spirit of festivity and zest for life.



#### Raksha Bandhan:

Children celebrated Rakshabandhan by tying Rakhi & exchanging sweets. They were made aware of the importance of relationships through mythological stories.



Wherever there is Krishna, the master of all mystics and where there is Arjuna, the supreme Archer there will also certainly be opulence, victory, extra ordinary power and morality.







### **Earth Day:**

The Prep section of PNS celebrated Earth day with great zeal and enthusiasm. It was celebrated on 22 April 2022 and the theme was EARTH DAY, EVERY DAY. Children prepared banners/charts and depicted methods & ways to make our Earth a happy place to live in.



### **Teacher Day:**

"Teachers can change lives with just the right mix of chalk and challenges."





### Children's Day:

"Every child is a different kind of flower, and all together, they make this world a beautiful garden."



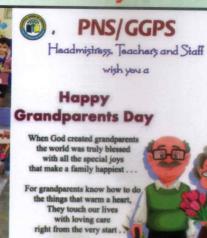
### Mother's day celebrating motherhood:

'Mother' shadow of the child.

### **Grand Parents Day**







### **Labour Day:**

"Salutations to the building blocks of nation".







### **Christmas:**

Christmas wish list from Patanjali Nursery School

A calm heart
A clear mind

A peaceful soul Love and good wishes





### **Basant Panchami:**

### ऋतुराज बसन्त

आए महंत बसंत, आए महंत बसंत मखमल के झूले पड़े, हाथी सा टीला, बैठे किंशुक छत्र लगा, बाँध पागपीला, चँवर सदृश डोल रहे, सरसों के सर अनंत आए महंत बसंत, आए महंत बसंत





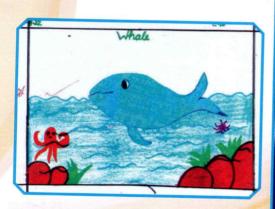
# JURTURING PREATIVITY AND BUILDING IMPRESSIONS





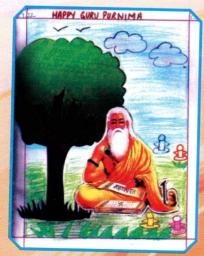










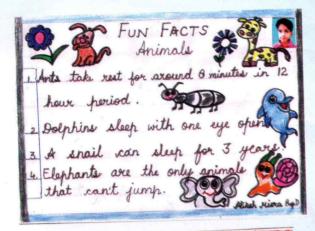






### EXPRESSIONS

Art- is as natural as sunshine and as vital as nourishment.

















### हिज्से दिवस

### सोधी सुगंध, मीठी सी भाषा गर्व से कहो हिन्दी है मेरी भाषा

देश को एकता के सूत्र में बाँधने वाली ''हिन्दी'' सिर्फ एक भाषा नहीं है बल्कि हमारी संस्कृति है, हमारी पहचान है और प्रत्येक भारतवासी का गर्व है।

अपनी मातृभाषा ''हिन्दी'' के प्रति रुचि, सम्मान एवं भाषा को संस्कृति से जोड़ने के उद्देश्य से महर्षि पतंजलि नर्सरी विद्यालय में प्रति वर्ष हिन्दी दिवस बहुत जोश एवं उत्साह के साथ मनाया जाता है।

इसी के तहत विद्यालय में इस वर्ष कक्षा प्रेप के बच्चों ने 'हिन्दी दिवस' पर विभिन्न कक्षा गतिविधियों का प्रदर्शन किया जैसे कविता, सुलेख एवं चित्रकारी।

नन्हें बच्चों के कोमल अधरों से उनके भावों एवं आत्मविश्वास के प्रदर्शन ने सबका मन मोह लिया।

विद्यालय प्रधानाध्यापिका श्रीमती विभा श्रीवास्तव ने बच्चों के प्रदर्शन की सराहना की और आशीर्वाद देते हुए अपनी मातृभाषा के प्रति गर्व एवं सम्मान की बात कही।

निज भाषा उन्नति अहै सब उन्नति को मूल । बिन निज भाषा ज्ञान के मिटत न हिय को सूल।





# LEARHING BY DOING



**MUSIC ACTIVITY** 



INDOOR GAME TIME- CARROM



**CHESS CHAMPIONS** 



PHONICS - LANGUAGE DEVELOPMENT



SAVE TREES - SAVE EARTH



YOGA AND MEDITATION



TIME TO CHARGE OUR BODY

# SUMMER CAMP

Summer Camp is - inventing, experimenting, growing, taking risks, breaking rules, making mistakes and having fun.

To nurture creativity and develop the artistic attitude PNS organised Online Summer camp for the young learners from 16.05.22 - 21.0 5 22. To ease the stress & provide relaxation the activities like story telling, creative craft and dance were incorporated in the five days camp. The five days camp was a great learning experience to build and develop the creative & artistic skills among the little children.

#### **NURSERY**











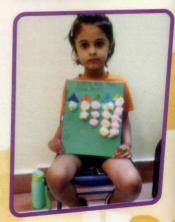












### KG



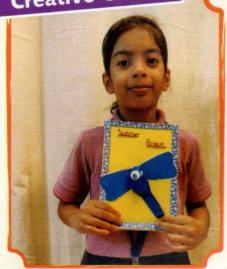








### **Creative Craft**



An Elephant

### PREP



**Dancing Caterpillar** 



Pen Stand- Depicting Moral Values

### **Story Telling**



Summer break - Learning is Fun



The Thirsty Crow



**Healthy Eating** 

# Acknowledgment, Award, Appreciation ARE THE GREATEST MOTIVATOR

















@+91884 DIVIT

Saksham Vaish (winner Gymnastics State Level)

Divit Maurya (selected for dance Power Mumbai)













Divit Maurya (Fancy dress) Katra Ram Leela)

# Teacher's Write up ROLE OF PARENTS IN DEVELOPING AN Ideal Environment For A Child's Growth

Developing an ideal environment for a child's growth is the cardinal duty of each and every parent. Being loved and learning to reciprocate love can inculcate the value of good discipline in the children at a tender age of 3years. Children can adopt good qualities by love and affection rather than punishment. A congenial atmosphere can bring a positive development in a child as he adapts most of the values from his surroundings. Quoted below are the lines, which beautifully puts forward the view that environment plays a vital role in carrying a child's personality.

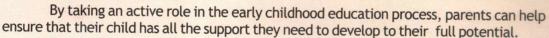


- > Children learn what they live.
- > If children live with criticism, they learn to condemn.
- > If children live with hostility, they learn to fight.
- If children live with ridicule, they learn to be shy.
- > If children live with tolerance, they learn to be patient.
- > If children live with encouragement, they learn to appreciate.
- If children live with security, they learn to have faith.
- > If children live with approval, they learn to like themselves.
- > If children live with acceptance and friendship, they learn to find LOVE IN THE WORLD.
- It is apty said that home is the first school and parent the first tutor, and peaceful atmosphere school be priority of every panent.

- Vibha Mishra, KG-R3

NEP 2020 aims at the holistic development of a child's social, emotional, cognitive and physical needs in order to build a solid and broad foundation for lifelong learning and well-being at the foundational level.

Although most structured learning takes place in the confines of the school, that doesn't mean that parents cannot have an active role in their children's education. On the contrary, parents can encourage, motivate, and even influence their kids to do well in life.



Family is a quintessential part of a child's education. Providing a happy and positive growing environment has proven to be extremely beneficial in bettering the child's mind set and cognitive mind. It is one of the primary roles of parents to ensure that a happy learning environment is provided to a growing child.

Activities like reading, playing games, solving puzzles, are best to improve the child's learning, problem-solving skills and improve bonding. Helping your child with homework, virtual learning, and preparing for tests is also a great way to bond with them.

Reading to your children at home not only makes them enjoy reading, but it also helps them in school. It's always better to start them on easier books, because then they feel successful, and that spurs them on, so they'll read more.

Kids learn through repetition, so read the same favourite books over and over, ask questions, and encourage your child to say simple words aloud. Throughout the day, encourage them to read the words they see on street signs, billboards, and computer screens.

Help your kindergartner look for the numbers one to 30 in magazines and newspapers. They can cut them out, glue them on paper, and put them in numerical order.

When parents are keenly involved in their children's education, the children are more likely to perform better in school and in life.



# RADIANT STARSX

| Class   | Best Home Work   | Best Uniform       | Best Conduct        | Best Note Book        |
|---------|------------------|--------------------|---------------------|-----------------------|
| Prep-A  | Gauransh Tandon  | Ribhu Ghosh        | Arjit Agarwal       | ' Akshit Sinha        |
|         | Adrit Pandey     | Anvit Kesharwani   | Avyaan Anand        | Navya Moharana        |
|         | Anishka Singh    | Arnav Giri         | Pranvi Singh        | Swaratmik             |
| Prep-B  | Shanvi Agrawal   | Ansh Chaudhary     | Nimisha             | Unnati Kumari         |
|         | Ayushman Shukla  | Ayanshi Singh      | Aarav Kumar Sonkar  | Aadya Soroj           |
|         | Anvita Kumara    | Akshita Sukla      | Preetanshi Prakash  | Aditi Yadav           |
| Prep-C  | Harshvardhan     | Aadya Jaiswal      | Aditi Mishra        | Kriti Pal             |
|         | Kartikey         | Kiranpreet Kaur    | Kriti Pal           | Agrima Dwivedi        |
|         | Utkarsh Gupta    | Agrima Dwivedi     | Ayushi Rai          | Aditi Mishra          |
| Prep-D  | Ahaana Misra     | Manasvi Shukla     | Reyansh Srivastava  | Manasvi Malviya       |
|         | Atiksh Mishra    | Kanika Dwivedi     | Myra Singh          | Anahita               |
|         | Amishi Kushwaha  | Kartik Singh       | Maanav Ahuja        | Riddhi Ahuja          |
| Prep-E  | Parth Yadav      | Pihu Maurya        | Aadvik S. Singh     | Pihu                  |
|         | Ayashi Chaudhary | Advita Bhardwaj    | Aditya Tripathi     | Saksham Vaish         |
|         | Rudransh         | Shivansh Yadav     | Anika Singh         | ArpitRai              |
| R1      | Manushi Mishra   | Divit              | Shashwat Jain       | Vani Yadav            |
| Prep-   | Panshul Gupta    | Sanvi Chandra      | Meha D. Patle       | Shivansh Yadav        |
|         | Apurv Srivastava | Sanvi Shree        | Arohi Singh         | Tanvi Tiwari          |
| Prep-R2 | Kartik Ojha      | Bhumija Singh      | Atharv Agrawal      | Hridhaan Singh        |
|         | Udbhav Ujjwal    | Ribhaan adav       | Boon Chandra        | Adyant Pandey         |
|         | Atharva Pandey   | Sadrika Pandey     | Adwait Singh        | Advika Tripathi       |
| Prep-R3 | Avish Goel       | Deepanshi Gupta    | Anushree Srivastava | Prakshansh Chaturvedi |
|         | Misha Rastogi    | Shravya Srivastava | Hari Singh          | Aashi Raghuvanshi     |
| Pro     | Akshaj Gupta     | Avanika Yadav      | Shanvi Srivastava   | Omisha Tiwari         |

# FLIGHT OF SUCCESS

| Class   | English Writing     | Hindi Writing        | Drawing              | Craft Activity      |
|---------|---------------------|----------------------|----------------------|---------------------|
| Prep-A  | Navya Moharana      | Madhvan Kesarwani    | Shivansh Singh       | Sadhvi Singh        |
|         | Pranvi Singh        | Swartimik            | Atharv               | Aditya Srivastava   |
|         | Akshit Sinha        | Tanishka Yadav       |                      | Aadvik              |
| Prep-B  | Aarav Kumar Sonkar  | Prcetanshi Prakash   | Reyansh Yadav        | Shanvi Agrawal      |
|         | Ashita Shukla       | Aadya Saroj          | Anvi Kesharwani      | Ayanshi Singh       |
|         | Atharv Raj          | Aditi Yadav          | Unnati Kumari        | Suramya Gautam      |
| Ų       | Agrima Dwivedi      | Kriti Pal            | Vaibhavi Dwivedi     | Harshvardhan        |
| Prep-C  | Yatharth Tiwari     | Aditi Mishra         | Shivansh Dubey       | Utkarsh Kumar Gupta |
| à       | Kanika Singh        | Vaanya Sahu          | Vaidehi Sharma       | Adhita Jaiswal      |
| ٩       | Atiksh Gopal Mishra | Avyash Singh         | Samriddhi Chaurasia  | Arjit Shukla        |
| Prep-D  | Ahaana Mishra       | Devanshi Arya        | Kartik Singh         | Krishay Singh       |
| أم      | Myra Singh          | Mansavi Malviya      | Anahita              | Nayasha             |
| Ш       | Rudransh            | Aadvik Shekhar Singh | Arush Maurya         | Anvi Shukla         |
| Prep-E  | Ayashi Chaudhary    | Pihu Maurya          | Saksham Vaish        | Shivansh Yadav      |
|         | Shivansh Shukla     | Anya Srivastava      | Aditya Tripathi      | Saanvi Yadav        |
| 2       | Tanvi Tiwari        | Vani Yadav           | Divit Maurya         | Shriyam Gupta       |
| Prep-   | Anvesha Gupta       | Shivansh Yadav       | Sanvi Chandra        | Aradhya Kesarwani   |
| 4       | Vedant Mishra       | Arohi Singh          | Aryanshi             | Apurva Srivastava   |
| R2      | Advika Tripathi     | Hridhaan Singh       | Bhumija Singh        | Shaurya Vardhan     |
| Prep-R2 | Ribhaan Yadav       | Udbhav Ujjwal        | Tejasvi Verma        | Yatharth Mishra     |
| 7       | Haridhaan Singh     | Adyant Pandey        | Avisha Srivastava    | Atharva Pandey      |
| R3      | Adya Swaroop        | Aradhyashree Pandey  | Aashi Raghuvanshi    | Yavi Kumar          |
| Prep-R3 | Hari Singh          | Virat Mishra         | Aaradhyashree Pandey | Avantika Jaiswal    |
| å       | Srishti Maurya      | Omisha Tiwari        | Akarshita Singh      | Akshaj Gupta        |



## HUMANISTIC APPROACH TO LEARNING

In this perishable world, only word makes you immortal. Since the dawn of civilization, language has becomes the tool to contact the globe. Today we forget about the significance and importance of language, because slowly and slowly the man has become thoughtless. Language is a tool to carry out our thoughts around the world but the human tragedy among scientific development thought are vanishing and man is now becoming a robotic tool, where no emotions and relations are seen. We have never tried to concentrate upon the thought process, reason being is 20th century has not given any writer, poet, and thinker or can produce any lasting effect upon jeopardizing human culture. We can touch the sky and have no eyes to look the pathos and grief for this ailing humanity. Orators have become mute person reason being no concentration is on to consolidate languages. Consequences are now creating a question mark that in coming time will we be able to speak anything or write in language. Bomb and satellite, missiles do play major role in our lives but they have evaporated feelings for mankind.

It becomes diasporas where no language has reached to perfection so what we need to do it now is to take immediate steps to develop feeling for humanity. It is said from centuries that a feel factor makes a language effective. We have not seen lord Krishna, Goswami Tulsidas, Swami Vivekananda, William Shakespeare but there language and creation echo and re-echo in human minds. We have to make continuous efforts to enrich the thought process so that language could take place in human mind. Language comes where feel factor is strong. If we want solace, peace, comfort, harmony, relationship so we have to think about the shedding tears of ailing humanity. We should adopt the principle of whole being, emotional and social, needs that are engaged in learning and not just the mind. Humanistic teaching approach engages emotion, empathy, encouragement, and learner involvement. It tries to awaken human conscious where expression of value, culture, personal decision and responsibility are stressed. It also makes learning more careful, sensitive, thoughtful and systematic. This effort is most essential and indispensible for the upliftment of humanism in this world.

- Dr. Priyanka Kochhar Assistant Professor (Management) United University, Prayagraj

### ONLINE CLASS 21-22

PNS and PRNS believes -

Nothing can stop learning, the learning must go on As learning is the nourishment for healthy mind and body.

Therefore, we conducted the online academic and curricular classes to fill the learning gaps created during the hard covid times. Due to online classes a strong bond of cooperation, appreciation and satisfaction was created between the teachers, students and the parents.

Children participated and celebrated all the festivals and important days along with the regular academic curriculum with great zeal and enthusiasm. Pandemic was tough and hard for the entire human kind but it taught us ways and means to continue learning and life.

### **NURSERY**



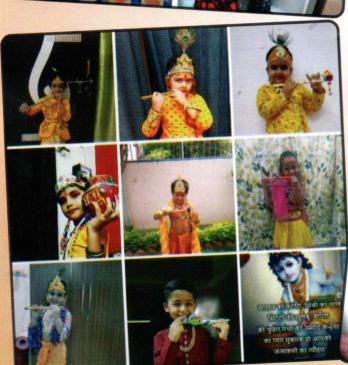
#### KG



### PREP











### 🗚 ॥ भावपूर्ण विनम्र श्रद्धांजलि ॥ 💥



सीमा चतुर्वेदी

नैनं छिन्दन्ति शस्त्राणि नैनं दहति पावकः। न चैनं क्लेदयन्त्यापो न शोषयित मारुतः ।।

### **Staff Photograph**



### **OURTEACHING STAFF**



Row-1 (Sitting) (L-R) :

: Vibha Mishra, Rashmi Sharma, Meenal Narang, Shalini Agarwal, Ritambhara Mishra, Nivedita Bisht

Row-2 (Sitting (L-R)

: Shilpa Nighoskar, Seema Chaturvedi, Vibha Srivastava (Headmistress), Vandana Agarwal, Richa Yadav

Row-3 (Standing((L-R):

: Manish Kumar, Sonia Mehrotra, Namrata Arya Shekhar, Shweta Tandon, Kavita Goel, Namrata Agarwal, Sunita Ray, Simpi

Chaudhary, Namrata Bhardwaj

Row-4 (Standing) (L-R):

: Chandni Singh, Vandita Agarwal, Richa Rufus, Saumya Jauhari, Aakriti Singh, Khushboo Maheshwari, Tulika Mishra, Pragati Mishra



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