



# SPECTRUM

2023-24



PATANJALI NURSERY SCHOOL  
&  
PATANJALI RISHIKUL NURSERY SCHOOL



SCAN ME FOR DAILY UPDATE (SCHOOL QR CODE)

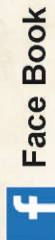
PNS School Website



PNS Instagram



MPVM Group of School



Face Book



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2023-2024



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## **Bhagwat Gita - the Manual of Inspiring Leadership**

A teacher is a role model, for his/her students. Students admire their teacher as their guide, mentor, and leader. Teachers must relate to their students with understanding, and compassion. They must be sensitive to their needs.

Every child is unique. There is an angel inside, a genius, a winner waiting to be freed. No one is flawed or useless. Student is a masterpiece waiting to be set free. A little guidance, a little extra help from the teacher can make the students excel in their performance. Right motivation can bring out the creative energy in the child. Mistakes must be treated as opportunities for self-improvement. Remember there is a Chandra Gupta, Vivekananda, Kalam hidden in every child. Teacher has to act like his/her Chankya, Ramkrishna Paramhansa, or Vikram Sarabhai, to bring out the hidden creativity in the learner.

Teachers are the inspirational leaders who have the power to transform the lives of the young learners, the power to help them to realize their true potential and go on and make a positive difference in the world.

Let us turn to the greatest teacher humankind has known, the जगद्गुरु, Teacher of teachers Sri Krishna who shook Arjun out of his despondency, despair & confusion, resurrected his shattered personality, and guided him to walk on the path of virtue and dharma.

The Gita is the Universal text now interpreted in the light of modern thoughts and modern needs. It teaches us the leadership traits of courage and compassion. It provides an alternative to conventional leadership. It talks about leadership by inspiration as opposed to leadership by control.

**The Bhagwad Gita gives us a clear vision of the ultimate goal in life :**

When Arjuna saw his relatives, elders and teachers, the great warrior broke down in the battlefield, totally confused and deluded, refusing to fight. Arjuna surrenders and seeks the



guidance of Sri Krishna whose teachings are contained in the 18 chapters of the Bhagwad Gita Sri Krishna asks Arjuna to pursue his call of duty and to walk on the righteous path, and not to renounce the society. Krishna makes it clear that nothing is higher than a war against evil and successfully convinces Arjuna to fight the battle of Kurushetra.

Gita teaches us not to run away from our duty but make our work imbued with spiritual consciousness. Krishna pulls Arjuna out of the mental and psychological turmoil, revives his falling spirit, reeducates him, so that he is able to perform his duty as a warrior.

The Bhagwad Gita tells us not to run away from challenges but remain calm in crisis, fearless in fear, and composed in every situation. This indeed is the core principle of great leadership. The fundamental insights of Gita can especially help leaders to respond to adversity with maturity and wisdom. The Gita tells us to choose the right response during crisis.

Leadership implies the ability to take people out of tense situations; out of darkness of worry and anxiety and make them experience hope, positivity & abundance of life. A true leader is a spiritual leader who remains resolute under all circumstances. He leads by example, through his personal strength, virtue & spirituality inspiring others to similarly find their own fortitude and commitment to a higher purpose. Such leadership is not dependent on control, but on inspiration.

Gita teaches us our essential identity as a spiritual being, establishing a true spiritual basis for oneness and interconnection amongst all beings. Its central message is to know your authentic Self, आत्मवान भव Self awareness helps you to know your very roots at the spiritual level. Generally people focus on external objects like position, power, ambition and achievement totally unaware of their inner Self. The Bhagwad Gita asks us to rise above false identifications, understand our true nature. I am not the body, I am not the mind, nor even the intellect. These are simply the instruments through which the Self-expresses. When I associate myself with these equipments I start making wrong identification with people or situations and become deluded like Arjun. But when one functions at the level of Self awareness, the outward activity becomes more dynamic and energized. It becomes more invested with sensitivity and insight.

The whole of Gita is about a rediscovery of the hidden potential within. Discover the divinity within. When you connect with the Divine through devotion, you invite divine grace. You will be able to provide leadership from a place of calm and peace, unaffected by changes in the external environment, just as the ocean is unaffected by the rivers & streams flowing into its water.

In the Bhagavad Gita, Krishna defines three specific disciplines that are required for effective leadership:

- Discipline of learning,
- Discipline of Speech,
- Discipline of equanimity.

**All of these disciplines are important for effective leadership :**

Learning indeed is a lifelong process. One has to keep pace with the new knowledge and new advancements in the field of learning. The Universe is a University. Every moment is an opportunity to grow in wisdom.

Sri Krishna says, the most important part of communication is to communicate with honesty and with respect toward others. Gita's injunctions are to speak gently and to avoid fault finding. When mature leaders speak about others, they judiciously choose words that either appreciate the manifest talents of others or kindle their potential ones.

Leaders need to inspire, guide and at times correct those whom they lead. All this requires good communication. Throughout history, reformers, revolutionaries, pioneers and other leaders have used effective communication as a central tool for actualizing their mission. Carefully



watching their words, leaders can contribute to shaping worlds, not just of their team, but also of the larger society of which they are significant parts.

The discipline of equanimity suggests that we have to keep steady composure at good and bad times. The Bhagavad Gita says that we should not be overly excited in good times and overtly depressed in bad times. Keeping a composed mindset at all times helps us to achieve more peace and happiness in our lives.

Life is full of dualities, pleasure and pain, joy and sorrow, victory and defeat will be there but all these worldly experiences are impermanent, will come and go. If we do not learn to endure them with fortitude, we will never be able to overcome them. Leader must rise above mental disturbances, attain a state of balance, uproot all negativities and show the straight and clear path to the team to move towards the goal with positive attitude.

Lord Krishna teaches us how we need to handle ourselves while engaging in the thick of activities. It is important to remain optimistic and cheerful despite odds.

Renunciation of selfishness in thought, word and action is the theme of the Bhagwad Gita. Sri Krishna says, true renunciation is one that is undertaken with courage and without selfish attachments.

Krishna also explains that shying away from one's responsibilities due to apprehension and anxiety is not a meaningful renunciation.

#### **The Gita Destroys Self Importance and Ego :**

The secret of dynamic leadership is destroying the Ego 'I' and becoming released from all limitations of material, mental, cultural and emotional conditioning. Ego is the enemy within; it is the real barrier to progress, realization and happiness.

Gita tells us to get rid of self-importance or ego अहंकार, seeing oneself as the doer not as an instrument of the higher is the root of egoism.

Oh Arjun, just become an instrument in the hands of the Lord. निमित्त मात्र भव सव्यसचिन proclaims Sri Krishna destroy the mighty ego within, who thinks I am the Doer. Let His will flow through us to the world around us.

Bhagwad Gita provides a positive vision of action. Sri Krishna explains the concept of Karmayoga which is the art of selfless action dedicated to the Lord. Result comes from the Grace of the Lord, accept it joyfully. One has to give up attachment and perform work with a balanced mind, fully of equanimity. It is necessary to give up the anxiety regarding fruits. One must act in the present moment with an inspired mind and focused attention. Secondly, intention behind the action is important. When your intention is pure and selfless, mind becomes purified.

The whole universe is inter-connected. Lord Krishna advises Arjuna to honour the principle of mutual dependence. The spirit of sharing and unconditional giving (the virtue of Yajna) is the basis on which everything in the world sustains. Cherishing each other, you shall gain the highest good, is the precious advice given by Sri Krishna.

The first lesson a leader in an organization needs to learn to be successful is the value of mutual dependence. People working with the leader are as important as the leader.

History is a witness to many leaders who have conquered great lands, won great victories yet their lives have been meaningless and destructive. Lord is teaching that the only 'Kingdom' you can really conquer is your own 'Kingdom' within yourself. This means attaining more wisdom about your dharma, your duty, your divine calling and yourself.

Power, position, wealth all these come and go. The only thing which is eternal, permanent and timeless is that which belongs to the higher sphere of consciousness. When you are free of the ego of being the winner of the battle, then only you become the real winner in the battle of life.

— Dr. Krishna Gupta  
President





## ***Nurturing Holistic Development in Pre-Primary Students***

As the Director of Patanjali Nursery School, I am proud to share our ongoing commitment to the \*holistic development\* of our children. At this stage, children are stepping out of the comfort of their homes for the first time, and we believe in making the school a place they \*love to come to\*. Our approach focuses on providing a warm, nurturing environment that encourages exploration and joy.

Our \*value-based education\* aims to shape children into compassionate, caring human beings. By fostering a love for nature and the community, we instill in them a sense of responsibility to \*protect and nurture their surroundings\*. We want them to grow with the awareness and empathy to create a better future for all.

We do not believe in conventional exams. Instead, we strive to give these young minds the \*wings to fly\*, exploring every aspect of their personalities. Our focus is on nurturing their creativity, curiosity, and confidence.

Last year was filled with joy, as we celebrated many festivals with the children, embracing diversity. We have also enhanced our extracurricular activities by introducing \*after-school classes in martial arts, music, and dance\*.

To stay connected, we are actively working on our social media platforms and the \*Mpvm Group of Schools\* page. Please follow and support us on Instagram, Youtube, Facebook to stay updated on our exciting journey!

Warm regards,

- Rekha Baid  
Director, Mpvm Group of Schools





## **Fostering Life Skills: Empowering young learners for Success**

Life skills are essential tools that enable individuals to navigate the challenges of everyday life, achieve their goals, and reach their full potential. Fostering life skills in individuals, especially children and young adults, is crucial for their future success and well-being

At our early learning centres children come from diverse and varied backgrounds, cultures, faith, values and thoughts. Therefore, I strongly believe this nascent stage is the right time to incorporate and inculcate life skills in order to develop our children into strong individuals.

Life skills are fundamental abilities that help our young learners to build up emotional, mental and physical well-being. Our Early Learning Centre are recognised as a place where students can best learn the social skills necessary to survive in the real world. We focus on the development of the overall personality of the students. The students excel in all spheres, be it indoor or outdoor under the guidance of my competent team of teachers.

Our learning centres resolve to start early and be consistent to help our children to become confident, resilient, capable, independent and successful future citizens of India, using life skill tools like mentoring and modeling, role playing, positive reinforcement making mistakes and learning from failures. For, only then, the children will shape up as confident and responsible citizens and we become a truly progressive and better society.

Dear Parents, building and incorporating life skills require patience, practice, time, dedication and effort. By understanding the importance of life skills, recognizing the types of life skills and using effective methods to foster them, we can empower our dynamic learners to succeed in all aspects of life.

Thus, it is rightly said

The function of education is to teach one to think intensively and to think critically. Intelligence plus character, that is the goal of true education.

Thank you and Regards,

- Vibha Srivastava, Headmistress



# CELEBRATIONS

## Gurupurnima :

गुरु गृह पढ़न चले रघुराई।  
अल्पकाल सब विद्या पाई।।

Guru is one who moulds a child's future by teaching good values and making him aware about the right path. Our tiny tots were made aware about the importance of guru in shaping and enlightening their lives. Children coloured the picture of "Guru Charan Paduka".

## Swaraj week :

Independence Day is a very special day for every Indian. The whole week before Independence Day was celebrated as "Swaraj Week" with intense feeling of patriotism and nationality. Our tiny tots presented an action song, made tri colour badges and coloured the national flag. They took out a rally in the attire of freedom fighters and vocalised the slogan "Vande Matram".





## Rakshabandhan :

The most beautiful festival holding a special meaning and its importance in our society and culture. All the classmates tied colorful rakhi on each others wrist and shared their pure love with each other. It helped in building a strong bond among the students.



## Janmashtami :

Lord Krishna's birthday "Janmashtami" was celebrated with full gusto and the whole atmosphere was filled with joy and delight. Children celebrated this auspicious day by presenting a dance performance on a song. They presented a live Jhanki of lord Krishna's childhood. Lord Krishna who is blissful in his own being is always adored by all , this message was given to all the children.







## Teacher's Day:

Dr. Radha Krishnan was fondly remembered on this day. His life and teachings were narrated to the children. Children showered the teachers with their handmade cards and flowers to show their love and respect.

## Gandhi Jayanti:

“Gandhi Jayanti” is celebrated world wide as “International Non-Violence Day “ as Gandhiji was a firm believer of Non-Violence. Children celebrated Gandhi Jayanti by presenting a jhanki of Gandhiji’s life. Children also coloured the three monkeys of Gandhiji with the message that “speak no evil, listen no evil & see no evil.



## Dussehra:

The name Dussehra is derived from the Sanskrit word “Dussehra literally meaning remover of





ten referring to lord Rama's victory over ten headed Ravana. Our Nursery children coloured the picture of Ravana with the message that "Good will triumph over the evil always".

### **Diwali:**

Diwali is a festival of lights that enlightens the heart and brings joy to every heart. Nursery children celebrated Diwali by offering 'Shram Daan' and they took the pledge to keep their surroundings clean. They decorated earthen diyas and worshipped Goddess Laxmi and Lord Ganesha to seek their blessings. They were told to celebrate green and safe Diwali by their teachers.



### **Children's Day:**

Children's day was celebrated with a lot of fun and excitement. The students enjoyed dancing to the beats of their favorite songs in the R.K Hall. Class picnic was also organized by the teachers for the tiny tots where they had lots of fun.







## Christmas:

“Christmas” a festival commemorating the birth of Jesus Christ is celebrated among billions of people around the world. Our Nursery children sang the song “Jingle bells” and welcomed Santa with zeal. Craft activity was conducted in which children pasted and decorated a Santa cap in their scrap books.



## Republic Day:

Republic day was celebrated with high patriotic spirit and fervor by our Nursery children. They coloured the National symbols and they were told about the National symbols by their teachers.



## **Basant Panchami:-**

सरस्वती नमस्तुभ्यं वरदे काम रूपणि ।  
विद्यारम्भं करिष्यामि सिद्धिं भवतु मे सदा ॥

Our children seek the blessings of Goddess Saraswati on Basant Panchami. Tiny tots presented a live jahnki of Maa Saraswati which stole everyone's heart.



## **Holi:**

The festival of colours was celebrated with zeal by our Nursery children. They applied gulal on each other's cheek and wished happy holi to their peers and to their teachers.



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# ACTIVITIES

## LITTLE HANDS, BIG IMAGINATIONS

### Earth Day :

Earth day is an awesome time to introduce essential concepts Of 3R'S reduce, reuse, recycle and plantation with kids. Our little ones got involved and learned helping our planet by engaging in thumb printing and paper pasting activities on this day.



### Mother's Day :

Mothers hold a special place in the hearts of children. To show their love and respect for their mother, the young and enthusiastic kids of nursery made beautiful handmade cards.



### Labour's day :

In order to honor the contribution of our helpers we celebrated "Labour's day". Our nursery children made Thank You cards and handmade paper flowers to show their appreciation towards





**‘हम सब का अभिमान है हिन्दी,  
भारत देश की शान है हिन्दी।**

A group of 12 young children, likely from a preschool or kindergarten, are standing in a line on a wooden stage. They are all wearing school uniforms consisting of pink short-sleeved shirts and dark blue skirts or shorts. Each child is holding up a large, colorful cutout of the Hindi letter 'अ' (A) or the word 'आ' (Aa). The cutouts are made from various materials like paper and cardboard, and some are decorated with patterns or additional cutouts. The children are smiling and looking towards the camera. In the background, there is a white wall with a colorful mural featuring a tree and a sun. The stage is lit with warm lights, and the overall atmosphere is cheerful and educational.



It is very important to teach the little ones about seasons as they should know about their surroundings. This year our students showcased their creativity through participating in two different workshops on summer season and rainy season. Children presented different eatables, clothes and things we use in these two seasons.





## Workshop on hygiene:

A hygienic lifestyle encompasses both physical and emotional health. Good health and hygiene practices go hand-in-hand with effective learning. This year our enthusiastic young learners participated in a workshop related to personal hygiene that covered a range of basic skills such as brushing ,combing ,nail-trimming and hand washing.



## Global hand washing day:

To increase awareness and understanding about the importance of hand washing, our children celebrated global hand washing day on 15th October. Children were taught the steps of washing hands with soap and water to prevent diseases.



## English Recitation Activity:

Poem recitation is an art of expression which can give wings to one's imagination. This year an English recitation activity was conducted by our tiny tots on different topics. Children enjoyed the beauty of thoughts, feelings, expressions and rhythm. This activity helped the children in enhancing their confidence and inspired them to come forward with props and actions.



## Races:-

### 'CHAMPIONS HAVE NO OFF SEASON'

A fun filled outdoor sports activity was organized for children in the month of October. Our children participated in various races like - caterpillar race, bucket race, rainbow race and tricycle race. All the kids enjoyed the races and cheered for each other too. In the end children were motivated with a medal for their enthusiastic performance.



## Colouring Activity:

Colouring and drawing improves fine motor skills, encourages focus and nurtures creativity. Children love to play with colours and keeping this in mind a colouring group activity was organized



for the students of nursery. The activity turned out to be a platform to bring together budding artists to showcase their talent.



### **Puzzle fixing:**

Puzzle is a fun way for children to develop and define their fine motor skills and eye hand coordination. They are a great educational tool to enhance and promote cooperative play. A puzzle fixing activity was conducted for class nursery. It was wonderful to see the children getting engaged in picking and moving the puzzles around to fix them in correct order. This fun filled activity gave immense happiness to kids. They were very eager and bubbling with energy.



### **Workshop on community helpers :**

Class Nursery celebrated community helpers workshop with full enthusiasm. This was organized with an aim to stimulate students social development skills and to create awareness



about the role and importance of community helpers in our day to day life. Our tiny tots were very curious to play role of different community helpers like Doctor, Teacher , Green Grocer, Barber, Milkman, Nurse And Tailor.



### **School picnic:**

This year our school organized a picnic for the pre-primary classes in the school campus. The students were extremely excited to play different games and share delicious snacks with their friends and teachers. It was indeed a great day for all the students and teachers.





# ANNUAL FUNCTION

This year our Nursery children celebrated their Annual Function with the theme "A DAY WITH STARS".

Our honorable President Dr. Krishna Gupta inaugurated the event with the lighting of the lamp.

The occasion became gracious with the esteem presence of Dr. Roopa Shankar who was the Chief Guest for the day.

The honorable chief guest appreciated the efforts of the little ones whole heartedly. She requested the parents to focus on their child's diet because a healthy mind dwells in a healthy body.

Our dynamic director Mrs. Rekha Baid Gupta addressed the gathering by her words of appreciation for the little ones. She also requested the parents to spend some quality time with their kids. As the kids need their time more than anything else.

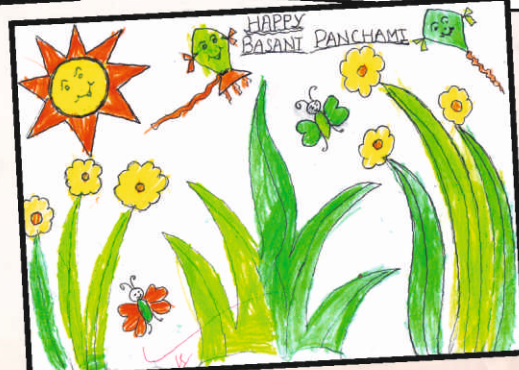
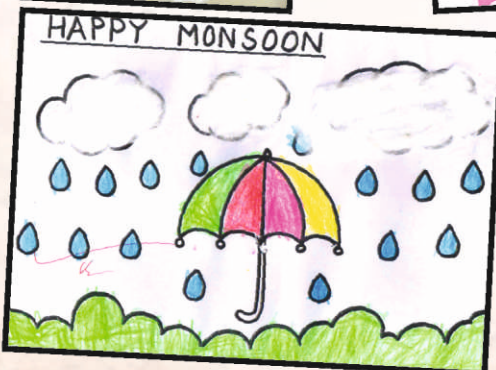
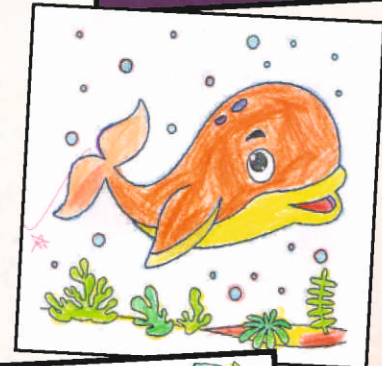
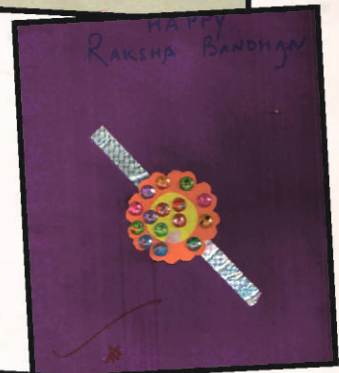
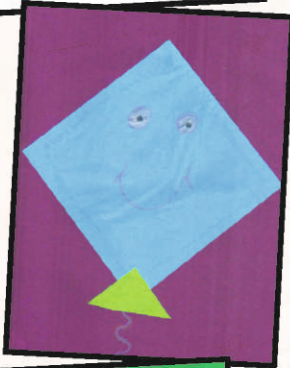
Our Headmistress Mrs. Vibha Srivastava ma'am concluded that joyous event by offering her vote of thanks to all the dignitaries and the parents.





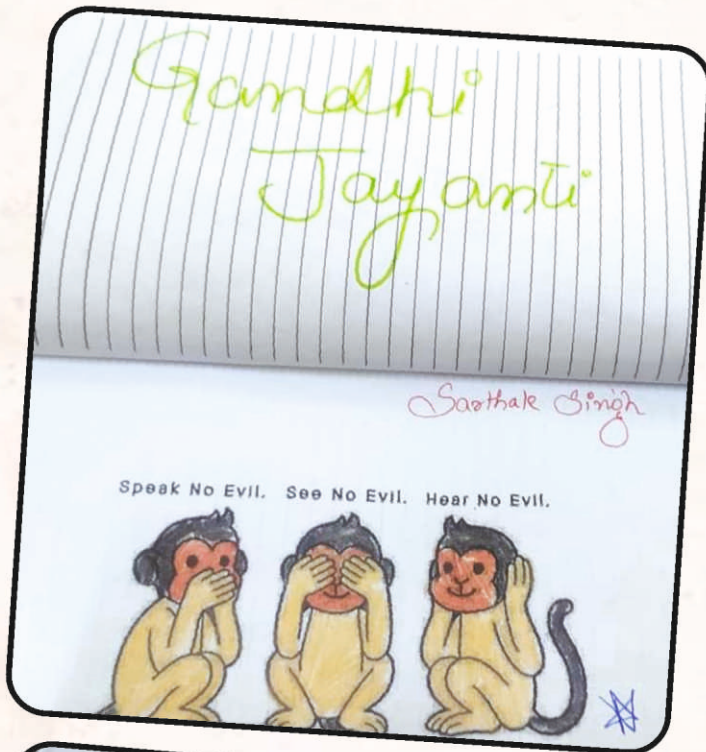
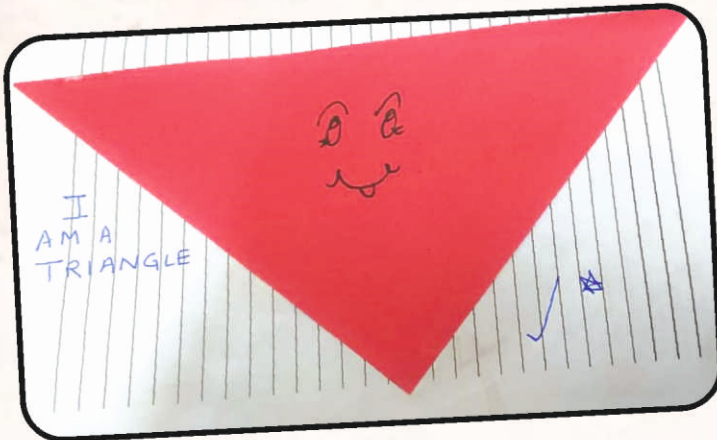


# ART & CRAFT FILLS COLOURS IN OUR LIFE





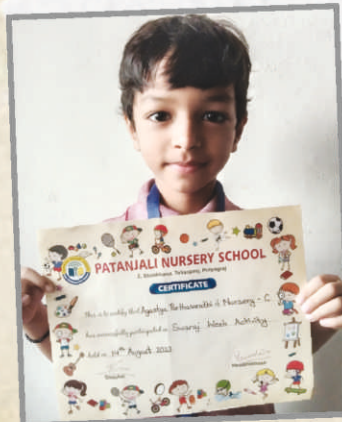
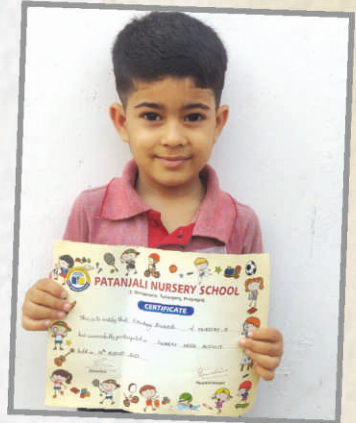
# DIARY ACTIVITIES







# OUR ACHIEVERS







**Summer Camp**  
Camp is a place where friends are made, memories are created and dreams take flight."







# Crown 2023-24



| Class         | Best Conduct           | Best Uniform       | Best Activity Book  | Best Holiday H.W.   |
|---------------|------------------------|--------------------|---------------------|---------------------|
| <b>NUR-A</b>  | Aarush Agarwal         | Aarav Sharma       | Aditri Agrawal      | Kritik Anand        |
|               | Adhiraj Jaiswal        | Advika Singh       | Anvika Srivastava   | Alankrita Singh     |
|               | Akshat Kesarwani       | Arush Dwivedi      | Anaya Singh         | Mitakshara Tripathi |
|               | Arush Dwivedi          | Shrinika Tripathi  | Prisha Singh        | Vanya Deep          |
|               | Sanghavee Singh        | Ashvik Mishra      | Shreejay Paliwal    | Abhi Yadav          |
| <b>NUR-B</b>  | Akshita Maurya         | Eliana Singh       | Aarna               | Arnik Vaish         |
|               | Krishna M. Tripathi    | Divyansh Kumar     | Sarthak Singh       | Shivaksh Chaturvedi |
|               | Niya Srivastava        | Kriday Dwivedi     | Krishna M. Tiwari   | Siddhiksha Agrawal  |
|               | Shashwat Somvanshi     | Shwetabh Singh     | Shashwat Somvanshi  | Sarthak Singh       |
|               | Parthavi Singh         | Ayansh V. Parihar  | Vivan K. Pandey     |                     |
| <b>NUR-C</b>  | Adrija Drishtima       | Adish Kesarwani    | Vedika Narayan      | Atharv Pathak       |
|               | Agastya Partha Sarathi | Advika Chandra     | Vartika Yadav       | Sanghavi Singh      |
|               | Uddipt Km Pal          | Kaushiki Singh     | Shanvi Singh        | Shreyam             |
|               | Vartika Yadav          | Rishank Mishra     | Sanghavi Singh      | Prashant Saroj      |
|               | Vedika Narayan         | Shreyam            | Prashant Saroj      | Uddipt Km Pal       |
| <b>NUR-R1</b> | Aarna Singh            | Shivik Vishwakarma | Aarna Singh         | Bhavya Tripathi     |
|               | Arnav Singh            | Siddhi Mishra      | Arnav Singh         | Mriganka Jaiswal    |
|               | Reyansh Varshney       | Eva Kashyap        | Akshat Kushwaha     | Parantap Sharma     |
|               | Anvi Kashyap           | Mriganka Jaiswal   | Kanav Pangoria      | Aadhya Yadav        |
|               | Akshat Kushwaha        | Shanvika Mishra    | Skand Kawatra       | Vardaan Bhadauria   |
| <b>NUR-R2</b> | Lakshmi Kesari         | Ishanika Agarwal   | Alice               | Stuti Singh         |
|               | Vartika Singh          | Jay Singh          | Anya Tripathi       | Anya Tripathi       |
|               | Shanvi Kesarwani       | Medhavini Singh    | Stuti Singh         | Atharv Pratap Singh |
|               | Rudra Verma            | Aakersh Srivastava | Avik Pandey         | Ishanika Agarwal    |
|               | Shrinika Shukla        | Aayansh Rai        | Atharv Pratap Singh | Shrinika Shukla     |



# CELEBRATIONS

Each festival celebrated is a landmark for our spiritual growth

## Janmashtami :

Little munchkins of KG celebrated Janmashtami with great pomp and show. An amazing dance performance on the song Achyutam Keshvam marked the beginning of the celebration. To boost the festive spirit, the pasting of Dahi Handi and decoration of the same with colourful bindis, stones, laces and cotton brought the students in full festive mood.



## Labour Day :

Labour day was celebrated with aplomb on 1st May. Children made 'Thank You' cards for the helpers in the school which brought smile on their faces. The teachers briefed the children about Labour Day and its importance. The activity was designed to forge a better understanding of the labour community among our students as they must learn to respect and appreciate their efforts.



## Navratri :

Navratri is a time to celebrate the virtues that guide us in life. During these nine holy days, Hindu Goddess Durga (Shakti) is worshipped and prayers are offered to her. Our students of KG dressed up in beautiful "ghagracholi" and 'kedia' to celebrate Navratri. Through this celebration children learnt the value of togetherness. Children enjoyed playing garba.





## Swaraj Week :

Independence day was celebrated with utmost grandeur. Our little jawans portraying the roles of many great flag bearers of India and paid homage to the heroes of our nation and celebrated Swaraj Week. Children dressed up as freedom fighters, who inspire them the most. It was sheer delight watching our children learn, perform and grow into independent and ingenious Indians! “Jai Hind”.







## Rakshabandhan :

परस्पर भावयन्तः ।

The festival is made up of two words Raksha and Bandhan (Knot of protection). We made our children celebrate this auspicious festival with a stage performance. Children also made rakhis and pasted them in their scrapbook.







## Eid & Holi : Revelling in the joy of togetherness.



## Mother's Day :

Mother is a sacred statue of selfless love, sacrifice, forgiveness and patience. Mother is the holy creation of God. The day is an event to honour the contribution of mothers. Children made a beautiful bouquet of flowers for their mother to show their love and respect in an adorable way.



## Ganesh Chaturthi :

ॐ एकदन्ताय विहे वक्रतुण्डाय धीमहि तन्नोदन्तिः प्रचोदयात् ।

Ganesh Chaturthi stands out as one of the most anticipated and vibrant festival. It denotes the significance of the cycle of birth, life and death. When the idol of the Ganesha is taken out for



immersion, it also takes away the obstacles of the house where Ganesha was residing. A captivating dance performance to the song 'O my friend Ganesha' left everyone spell bound.



## Gandhi Jayanti :

Gandhi Jayanti falls on October 2nd. The day marks the birth anniversary of Mahatma Gandhi, The father of the nation. A man who dedicated his life for the freedom of the nation and advocated for the path of peace, truth and non-violence.

A thought provoking skit “SPEAK THE TRUTH” from Gandhi ji's childhood was applauded by all.

The teachers stressed on the value of “Speak no evil, Hear no evil, and See no evil” through an activity.



## Earth day :

Earth day is a day to promote greater consciousness and gratitude for the Earth's resources.





**“If every day were Earth Day we wouldn't be in the mess we're in.”**

**- Neil de Grasse Tyson**

We should remember to recognize its importance not only once a year but every day.

Various activities were conducted for the children to make them aware of their planet earth.

## **Christmas :**

**“It is Christmas in the heart that puts Christmas in the air”.**

It is a day to celebrate the birth of Jesus Christ, who is the son of God. It's a time for sharing and caring. Christmas is a symbol of peace and love. It is celebrated around the world with joy and happiness.

An art and craft activity of making Christmas tree was conducted in the classes. Children danced to the tunes of Christmas song spreading the message of love and joy all around.



## **Diwali :**

It is a festival which commemorates the triumphant return of Lord Rama to Ayodhya after saving Sita from Dasmukha (Ravana). It symbolizes the spiritual victory of light over darkness, good over evil & knowledge over ignorance.

The day was marked by a special program in the R.K. Hall highlighting the message of green Diwali and safe Diwali. The hall had an ambience of joy and happiness. The students showed the spirit of Diwali through a skit and beautiful dance performance which added cheer and joy among the students.







## Basant Panchami:

Basant Panchami is a festival in which devotees honour Goddess Saraswati. Basant panchami symbolizes the renewal of nature and new beginnings.



## Gurupurnima :

गुरुब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः ।  
गुरुःसाक्षात् परब्रह्म तस्मै श्रीगुरवे नमः ॥





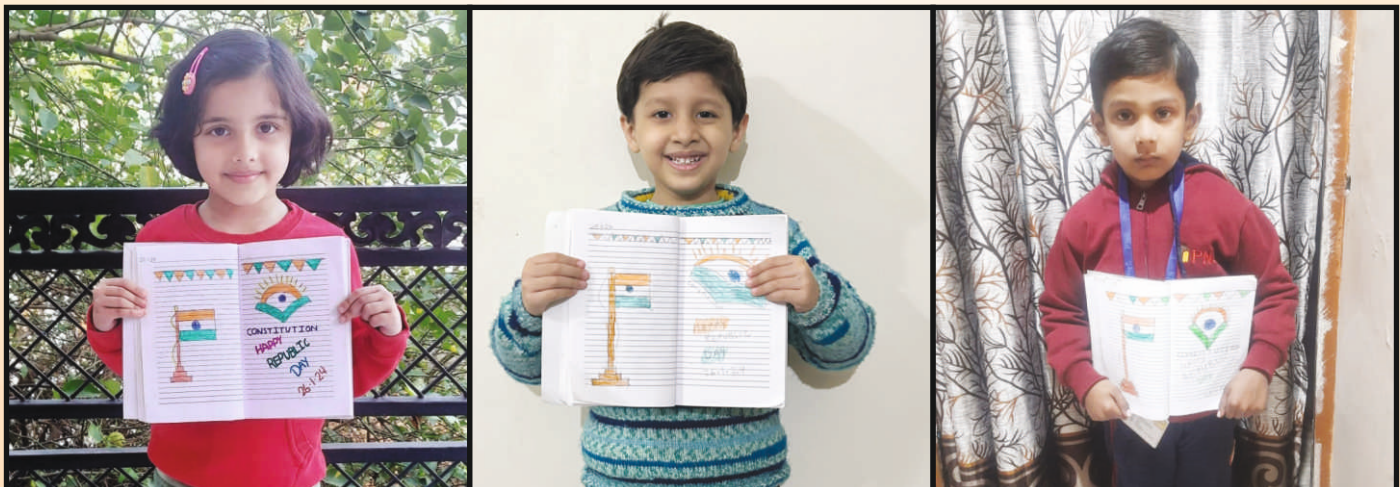
## Hindi Diwas :

To inspire students to take pride in Hindi language and enhance the Hindi literacy skills, a plethora of activities were organised. The students of KG participated in Hindi recitation to honour the Hindi language.



## Republic Day:

P.N.S celebrated the 75th Republic day with immense patriotic fervor and zeal through an online platform. A plethora of online activities such as songs, speech, dance and quiz were organized to infuse the spirit of unity, brotherhood and patriotism among the students.





# ACTIVITY CENTRES

An important strand of progressive education.



Music is life. That's why our hearts have beats.



Dance isn't just dance, it's magical, something that sets you free...



Children need the freedom and time to play. Play is not a luxury, play is a necessity.



There are many little ways to enlarge the child's world. Love of books is the best of all.



Let's build a healthy body, calm mind and a strong spirit in our children.

**Children are naturally creative. It is our job to give them the freedom, materials and space to let their creativity blossom to its full potential.**



# ANNUAL FUNCTION

*Shoot for the moon. Even if you miss, You will land among the stars.*

## ★ ★ A DAY WITH THE STARS ★ ★

PNS conducted the annual function (A day with stars) of KG on 25th November 2023 in R.K. Hall in two shift. The programme commenced with the lighting of lamp by all the dignatries present. The headmistress of PNS Mrs. Vibha Srivastava welcomed the chief guest for the first shift Dr. Ranjana Kumar and Dr. Arpit Bansal for the 2nd shift. The chief guest and directors of the school lauded the efforts of the little ones and appreciated the theme of the programme.



**Welcome dance :** Dance your soul away



**Drill :** Drill out the best in you





**Welcome song : Let the music speak**



**Yoga : The internal and external purity**



**Zumba : Sweat, smile and feel alive**



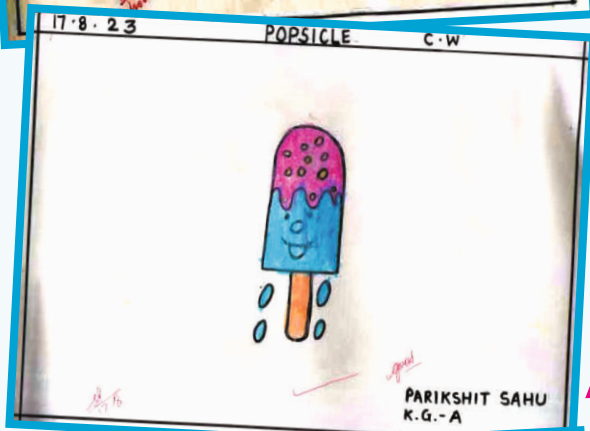
**Sports celebration : Khelo India, jeeto India**





# ART GALLERY

Art is as natural as **SUNSHINE**  
and as vital as **NOURISHMENT**



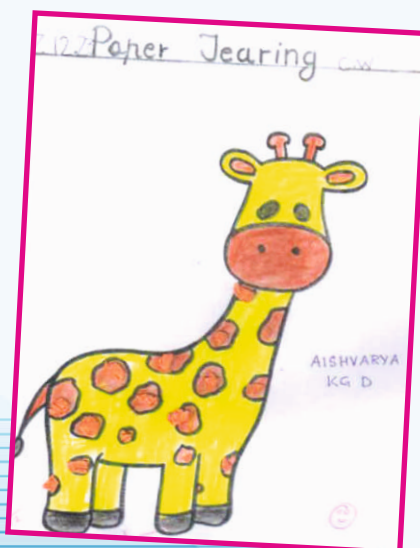
Every  
Child  
is an  
**ARTIST**





# ARTSY & CRAFTSY

Craft is passionately creating something with your hands





# **FOOD, FRIENDS AND SUNSHINE....**

**Life with friends is always a picnic.**

Picnics at the end of  
the session have always



been a very jubilant time  
because its an opportunity



to relax and appreciate  
the end of the session



with fellow friends and school.





# Races

FASTER,FASTER, until the thrill of speed overcomes the fear.





# Summer Camp

Unplug, explore, grow –  
that's the summer camp  
motto

Summer camps, where the great outdoors becomes your greatest classroom.





# WORKSHOP

Workshops promote conceptual learning over rote learning by giving students a hand on experience, always give a gratifying result.



Sensory learning of our little one and reinforcing fine motor skills in them.



Once I learn to read, I will be forever free.



The more colourful the food, the better. I try to add colours to my diet, which means VEGETABLES and FRUITS.





Its a rainy day, I put on my coat and boots. I put on my hat and stroll down the street.



Nothing taste as good as HEALTHY.

Show & Tell



Building self confidence in children with speech and drama activities



Colouring is the highest form of their IMAGINATION



Last day TAKEAWAYS... You are always a student, never a master. You have to keep moving forward.



## PRESENTED THEMSELVES AS AN UNCUT

DIAMOND



| Class | Best Conduct        | Best Uniform           | Best Holiday H.W.  | Best Note Book     |
|-------|---------------------|------------------------|--------------------|--------------------|
| KG-A  | ARSHITA SINGH       | DIVIT DUBEY            | AARIV CHAURASIA    | DHRITI UPADHYAY    |
|       | ATHARV TRIPATHI     | AAYANSH TRIPATHI       | PRISHA GUPTA       | ATHARV ARYA        |
|       | PARIKSHIT SAHU      | AISHWARYA SINGH        | PRANEEL SINGH      | JAYSVI GAUTAM      |
| KG-B  | AKSHAT MISHRA       | LAKSHIT SINGH          | AAROH JAISWAL      | RACHIT JAISWAL     |
|       | ISHANAVI AJASRA     | BHAVYA JAISWAL         | SHANVI MITTAL      | SUYASH VASUDEVAN   |
|       | ADVITA AGRAWAL      | YATHARTH               | SAMARTH AGARWAL    | KRISHA BINDAL      |
| KG-C  | TEJAS SATYARTH      | YUG PRATAP SINGH       | AVIKA SINGH        | DAKSHAM PANDEY     |
|       | AYANSH YADAV        | VITRIKA YADAV          | ADVIK PRATAP SINGH | YUG PRATAP SINGH   |
|       | VEDANT PAL          | SATYANSH KUMAR         | YUG PRATAP SINGH   | VEDANT PAL         |
| KG-D  | TRISHIKA MISHRA     | AJINKYA P. SINGH       | AJINKYA P. SINGH   | AISHVARYA          |
|       | YASHASWI HEMRAJANI  | AAVYA GUPTA            | AVYANSH SINGH      | ADITYA P. SINGH    |
|       | ADITI MISHRA        | VAMIKA GUPTA           | ATHARV MISHRA      | ATHARV MISHRA      |
| KG-E  | KHUSHI JAISWAL      | MOKSH KUSHWAHA         | DISHA AGRAHARI     | MYSHA SINGH        |
|       | SONA SRIVASTAVA     | ANANYA PANDEY          | SHIVAAY SRIVASTAVA | NITIKA SINGH       |
|       | LAKSHYA KUSHWAHA    | PAVISHKA MISHRA        | VED MISHRA         | BHAVINI OJHA       |
| KG-R1 | BILAL M. HASAN      | ARUNYA SINGH           | ANUSHREE TRIPATHI  | DEVANSH K. BIND    |
|       | DHANAVI SINGH       | SHREHAAN SINGH         | SAANVI KULSHRESTHA | SAANVI KULSHRESTHA |
|       | SAANVI KULSHRESHTHA | AVIKA SRIVASTAVA       | VIVAAN SHUKLA      | VAIDIK SINGH       |
| KG-R2 | AKSHITA SINGH       | KAASHVI DOGRA          | EESHAN SAXENA      | AARAV JAISWAL      |
|       | VAIDEHI RAI         | PRISHA SINGH           | RIVAAN AGARWAL     | SATYAHA GUPTA      |
|       | VEDANT MISHRA       | RACHIT SHUKLA          | AMOGH GUPTA        | VAIDIK SINGH       |
| KG-R3 | NAVYA SINGH         | MRITYUNJAY KR. GUPTA   | KRISHANK YADAV     | SANVI YADAV        |
|       | VANDITA KESARWANI   | AKSHAT DWIVEDI         | SHIVAY P. SINGH    | AANVI SINGH        |
|       | SAANVI SINGH        | HRIDHAAN SINGH CHOUHAN | ARADHYA JAISWAL    | SHREE GUPTA        |



## A Little Progress Each Day Adds Upto Big Results

| Class | Colouring          | English Hand Writing | Spoken English     |
|-------|--------------------|----------------------|--------------------|
| KG-A  | YAKSHITH BHASKAR   | ANAYA SRIVASTAVA     | AARAV MISHRA       |
|       | VIRAJ SINGH        | KAVYA AGRAHARI       | SHREYANSH SINGH    |
|       | AAVYA YADAV        | AADVIKA TRIPATHI     | AANJANEYA SINGH    |
| KG-B  | RIDHAN YADAV       | AYANSH KUMAR         | AMRITA SINGH       |
|       | PARTH SINGH        | SHIVANSH YADAV       | ANAYSHA TIWARI     |
|       | MAHIRA JAISWAL     | KAUSTUBH YADAV       | SHAURYA SHUKLA     |
| KG-C  | ABHIMANYU PANDEY   | ANIKET SHUKLA        | SNEHIT SRIVASTAVA  |
|       | VEDANT PAL         | ADITYA BAJPAI        | VEDANT TRIPATHI    |
|       | ADITYA BAJPAI      | DAKSHAM PANDEY       | KUMAR ARNAV        |
| KG-D  | SWARA SINGH        | SHAURYA PRATAP SINGH | TRISHIKA MISHRA    |
|       | ADITYA P. SINGH    | PRAGYAN SINGH        | ADITI MISHRA       |
|       | TRISHA MISHRA      | AISHVARYA            | NEEL MADHAV TIWARI |
| KG-E  | MYSHA SINGH        | AADYA                | SONA SRIVASTAVA    |
|       | SHANVI YADAV       | TULIP                | PAVISHKA MISHRA    |
|       | PRABHAV SHARMA     | ADHAVAN SHARMA       | AARUSH RAI         |
| KG-R1 | SAANVI KULSHRESTHA | VIVAAN SHUKLA        | BILAL M. HASAN     |
|       | ARUNYA SINGH       | SAANVI KULSHRESTHA   | DHANVI SINGH       |
|       | DHANVI SINGH       | SUVIGYA T. JAIN      | SUVIGYA T. JAIN    |
| KG-R2 | ISHANVI SINGH      | AASHUTOSH YADAV      | DIVISHA BHARODWAJ  |
|       | JAYAS KUMAR        | YASH SINGH           | GARGI OJHA         |
|       | SHIVANSH BAJAJ     | PRISHA SINGH         | KAUSHIKI MISHRA    |
| KG-R3 | TEJAS              | SHIVAM YADAV         | SHAGUN YADAV       |
|       | SHIVANSHI VERMA    | SHAMBHAVI            | DHRITI SINGH       |
|       | AVIKA TIWARI       | AADVIK SHARMA        | PRANJAL YADAV      |



# ANNUAL FUNCTION : A Day with Stars

Prep section of PNS celebrated their Annual function "A DAY WITH STARS" on 4th November 2023. The function was organized in two shifts. The chief guest for the 1st shift was Dr. Pranay Bhushan Pandey a renowned Orthopedic surgeon and Jayita Sharan a well known Ophthalmologist was the chief guest for the 2nd shift. The event commenced with the lighting of the lamp by the chief guest, followed by a grand welcome through a welcome dance Jai Ho, next came a rhythmic and well synchronized Yoga act - Stretch till you drop. Sports the spirit of India was a tribute to the great Indian players and their sportsmanship. Chandrayan - landing of spaceship, was a dance, drama that impressed and mesmerized the entire audience. Martial Arts - a self defence act by our small children left the spectators speechless. The last act of the day was a modern mythological presentation of the spirit of Hanuman in the form of aerobics and it was praised by all.



Honouring the chief guest



TULSI - Krishna Jeevani



YOGA- The art of exploration



YOGA- The essence of life



JAI HO- Sky is the limit



SPORTS- The spirit of India





CHANDRAYAN - Making India Proud



CHANDRAYAN- A giant leap



Hanuman- Channelizing the strength



Hanuman- Embracing devotion



The defence tool:- Martial Arts



Jai Ho- A vibrant rhythm



Sports -The spirit of India



Sports- The pride of India



Champions of PNS



Glittering stars of PNS





# Awards

Appreciation is the highest form of prayer, for it acknowledges the presence of good wherever you shine the light of your thankful thoughts.



**Winners of 20th District Taekwondo Championship**



**Martial Arts Champions**

**The children of class prep participated in the Geeta Chanting Activity organised by Chinmaya Mission Prayagraj**

| Name                | Class   |
|---------------------|---------|
| Pranav Upadhyay     | Prep R1 |
| Ishaan Srivastava   | Prep R1 |
| Sanskriti Pandey    | Prep R1 |
| Ipshita Srivastava  | Prep R1 |
| Bhanvi Jain         | Prep R1 |
| Shreyan Chakraborty | Prep R1 |
| Pavani Gupta        | Prep R1 |
| Anaisha Singh       | Prep D  |
| Adhiraj Shukla      | Prep A  |
| Karnika Singh       | Prep D  |
| Aarushi Tiwari      | Prep B  |
| Siddhant Singh      | Prep B  |
| Krishna Yadav       | Prep D  |
| Aarna Singh         | Prep D  |

| Name             | Class   |
|------------------|---------|
| Aaditya Upadhyay | Prep C  |
| Aayur Mishra     | Prep E  |
| Vamika Pandey    | Prep R3 |
| Tanush Singh     | Prep A  |
| Samriddhi Singh  | Prep A  |
| Anshuman Shukla  | Prep A  |
| Advik Kushwaha   | Prep R2 |
| Madhavi Singh    | Prep A  |
| Vivaan Sharma    | Prep R2 |
| Krishna Upadhyay | Prep R2 |
| Anika Jaiswal    | Prep R2 |
| Arya Kesarwani   | Prep R2 |
| Anika Kesarwani  | Prep R2 |
| Avni Dutt        | Prep D  |



**Participants of G20 summit Vasudhaiva Kutumbakam: World is one Family held at Ganga Gurukulam Phaphamau Prayagraj on 14th May 2023**



**Participants of Drawing Activity**



# CELEBRATIONS

## Raksha Bandhan :

“The bond of protection” is a universal Indian festival celebrating the relationship between a brother and sister. The Prep section of PNS celebrated the auspicious festival on 30-08-2023 in the school premises.



## Janmashtami :

मन्दं हसन्तं प्रभया लसन्तं  
जनस्य चित्तं सततं हरन्तम् ।  
वेणुं नितान्तं मधु वादयन्तं  
बालं मुकुन्दं मनसा स्मरामि ।।

whose laughter is subtle,  
who glows with luster,  
who attracts people's mind  
and the one who plays melodious flute,  
I bow down to lord Krishna.



## Dussehra Activity :

धर्मादर्शः प्रभवति धर्मात्प्रभवते सुखम् ।  
धर्मेण लभते सर्वं धर्मसारमिदं जगत् ।।



Righteousness brings wealth and happiness  
Righteousness brings everything.  
In fact The Essence of the world is Righteousness.

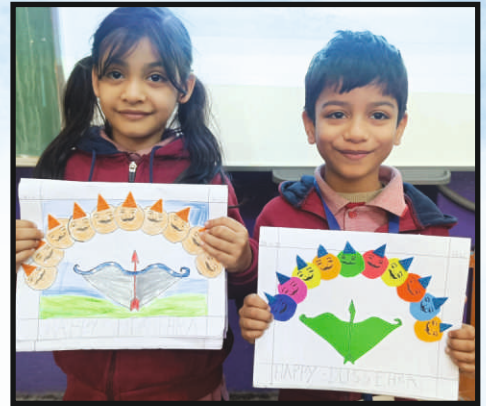
## Diwali :

PNS Diwali wish -

**Light** - for your bright future

**Crackers** - to crackle all your failures

**Rangoli** - for your colourful life ahead.



## Christmas :

Christmas magic is silent -  
you do not hear it children  
You feel it  
You know it  
You believe it







## Basant Panchami :

सरस्वती महाभागे विद्ये कमललोचने ।  
विद्यारूपे विशालाक्षि देहि नमोऽस्तुते ।।

Saraswati The Goddess of knowledge with lotus like eyes, an embodiment of knowledge bless our children with moral values. We the teachers and students of PNS seek your blessings.



## Holi :

Pns believes - Holi is the festival of love, compassion, affection and joy.

Our little toddlers celebrated the vibrant and colourful festival with great enthusiasm and happiness.



Vibrant Holi Picture

Colourful Pichkari-  
Spreading Joy

Holi colour shower Celebration-  
Blessings by our Headmistress  
Vibha Ma'am



Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents. Hence ,Early Childhood Care and Education(ECCE) at PNS consists of flexible, multifaceted play and activity based learning.

### Teachers Day :

From ABC'S to red, white and blue  
To history and mathematics too,  
All I want to say a big "THANK YOU" to you.

To thank all the teachers the prep children made cards with a beautiful message to wish teacher's day to their beloved teachers.



### Earth Day :

This beautiful Earth has given us shelter.  
Protecting and nurturing it is the best we can do for it and for us.



Happy Earth Day

### Mother Day :

I am like a flower  
That is raised with love by you  
You help me grow big and strong  
Mom , thanks for all you do



Thankyou Card for All Mothers



## Children's Day :

Dear children ,  
Live each moment  
Preserve each memory  
Before your childhood  
Becomes a story



## Lokmani Lal Awards & Dayakanti Devi Awards :

Lokmanilal and Dayakanti Devi Awards for Excellence in Education 2023 was organized by Maharshi Patanjali Vidya Mandir Samiti on 16 December, 2023 to recognize and honour outstanding educators.

The grand event took place at MPVM : Ganga Gurukulam's Vivekananda Auditorium serving as a beacon to celebrate the remarkable contribution made by educators in the field of education and teaching.

The ceremony also recognized the exceptional educators from the Patanjali Group of Schools with the esteemed Dayakanti Awards. These teachers were commended for their unwavering dedication to holistic education and for embodying the principles espoused by Patanjali Group.

Dayakanti Awards ceremony was conducted by Vibha Srivastava, Headmistress, Patanjali Nursery School and Nityanand Singh Principal Patanjali Rishikul.

Meenal Narang, Pre-primary teacher Patanjali Nursery School received the award for this year. Professor K. Gupta the honorary Secretary of Patanjali Group of Schools played a pivotal role in the event. Her unwavering commitment to educational excellence and tireless efforts in shaping the youth are a source of inspiration and motivation of all.

The ceremony served as a reminder of the profound impact that educators have on the society and nation building as a whole.





# CIRCLE TIME ACTIVITY

“Play is our brain's favourite way of learning. Learning is pleasurable but doing is the height of enjoyment”



Show and Tell



Balancing The Book Activity



Bowling Activity



Colouring Activity



Morning prayer- inculcating values



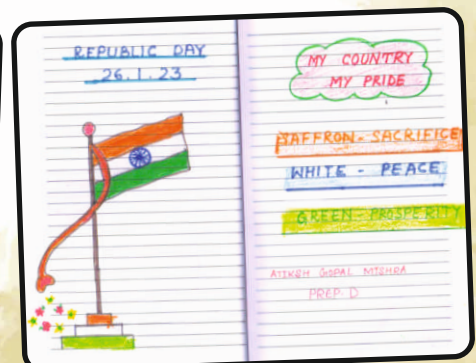
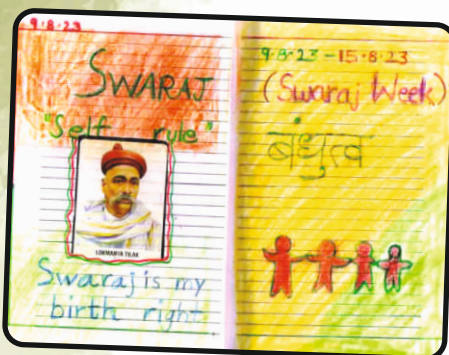
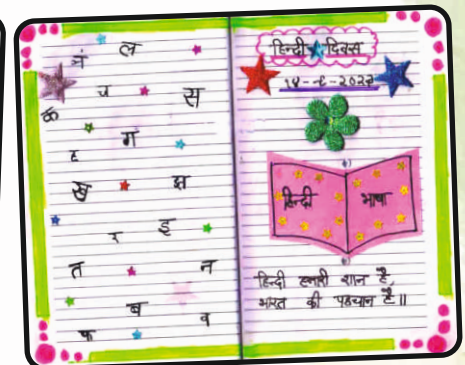
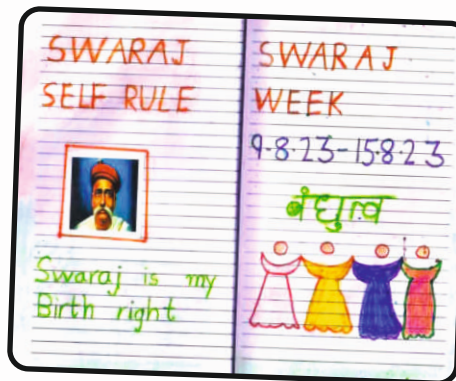
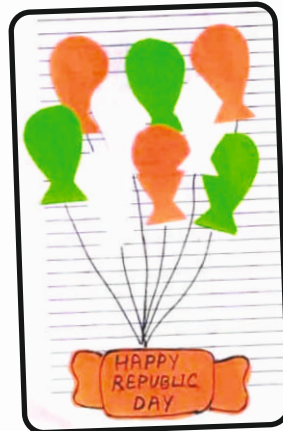
Basketball activity



# Diary Activity



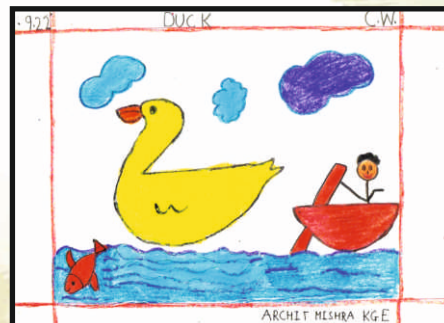
The school diary serve as an interface between the teachers, students and parents. It is an excellent medium to teach children about the conservation and preservation of environment eco system and surrounding.







Every art expression is rooted fundamentally in the personality and temperament of artist.





# GRADUATION DAY

**“The Future belongs to those who believe in the beauty of their Dreams”  
As you Don the cap and gown, Our hearts fill with pride;  
kindergarten graduation marks the start of your educational stride.**

Our little scholars are now ready to go to class 1st and their pre-school journey was celebrated with great glitz and glamour in the premises of PNS on 14th March 2024.



**Bournvita - Quiz Contest**



**Graduating Dancers**



**Our Pre-School Learning journey**



**Graduation day Class- Picnic**



**My Teacher is the best**



**My Teacher is my role model**



**I love my teacher**



**My selfie with my ma'am**





हिन्दी दिवस –  
कविता प्रतियोगिता



## हिन्दी दिवस

हम प्रखर रहे तो हिन्दी में  
हम मुखर रहे तो हिन्दी में  
इसका सिंहासन, अडिग यहाँ  
हम शिखर रहें, तो हिन्दी में।

देश को एकता के सूत्र में बाँधने वाली हिन्दी सिर्फ एक भाषा नहीं है बल्कि हमारी संस्कृति है, हमारी पहचान है और प्रत्येक भारतवासी का गर्व है।

अपनी मातृभाषा हिन्दी के प्रति रुचि, सम्मान एवं भाषा को संस्कृति से जोड़ने के उद्देश्य से महर्षि पतंजलि नर्सरी विद्यालय में प्रति वर्ष हिन्दी दिवस बहुत जोश के साथ मनाया जाता है।

इसी के तहत विद्यालय में इस वर्ष कक्षा प्रेप के बच्चों ने 'हिन्दी दिवस' पर विभिन्न गतिविधियों का प्रदर्शन किया जैसे कविता, सुलेख एवं चित्रकारी।

नन्हे बच्चों के कोमल अधरो से उनके भावों एवं आत्मविश्वास के प्रदर्शन ने सबका मन मोह लिया। विद्यालय प्रधानाध्यापिका श्रीमती विभा श्रीवास्तव ने बच्चों के प्रदर्शन की सराहना की और आशीर्वाद देते हुए अपनी मातृभाषा के प्रति गर्व एवं सम्मान की बात कही।



हिन्दी दिवस कक्षा गतिविधि



मात्रा ज्ञान दर्शाते नन्हें बच्चे



आओ मात्रा सीखें



सोधी सुगंध, मीठी सी भाषा  
गर्व से कहो हिन्दी है मेरी भाषा



# NATIONAL FESTIVALS

An occasion to refine and rebuild the national character

## Swaraj Week :

A week before Independence Day Prep celebrated swaraj week from 9 August to 14 August 2023. Swaraj week is celebrated every year to develop the sense of patriotism, pride and love for our motherland. Different activities were conducted for six days in the school premises celebrating the festival called INDIA.







## Independence Day :

From the snow capped mountains to sun- kissed beaches let the spirit of unity bind us together as one nation, one people. PNS promises to empower every child with knowledge and equip them to be responsible citizens of India.







## Gandhi Jayanti :

**Pledge taken by Prep on Gandhi Jayanti –**

To follow the path of truth, non-violence and compassion just as Mahatma did. We, the innocent hearts of PNS promise to make this world a better place to live in

## Republic Day:

Oath taken by PNS - “Take the path of Dharma- The Path of Truth and Justice”





# Disciplining with the **Language Love**

**“You NEVER listen to me!” “Don't touch this!” “Don't bother me!” “No.”**

The above examples literally scream 'Negative Disciplining'. The sentences that begin or centre on a defeatist approach can only make our children focus on the bleaker words, as they are the ones spoken overstretched, overstressed and ridden with anger.

No, NEVER DON'T lead a child to remember and recall these words only, which does not solve the purpose of disciplining. On the contrary, these words make them wonder 'why not? This 'why not' makes them curious and as a consequence ultimately pushes them to do exactly what they are not supposed to.

The negative disciplining also brings about negative tendencies in the tender minds of little kids. As a result the leaning towards a positive growth is stunted from the very beginning.

The children do not only need to know what is wrong and right, what is good and bad, what to do and what not to do but also the basis and ground for such directions.

Another erroneous method of disciplining a child is threat laden words.

**“If you don't eat I will tell Papa”**

**“If you do not sleep Wee Willy Winkie will take you away.”**

Here, we are just inducing fear in the child's vulnerable mind and heart space. A space that can store unlimited love, optimism, care and hope, is rudely shoved, with warnings and punishments.

The best and the only way to discipline a child is to bestow on them lots of love and positive endorsements.

You should sleep now so that you may regain you may regain your energy for a wonderful tomorrow.”

Only a little change here and there can make You life easy and You child's life worth its toils.

Discipline keeps you growing but above all it is the motivation that keeps you going.

- Shweta Tandon



## **PHONICS** : A valuable tool for Reading skills' development amongst little ones!

A child spends 900 hours at school and 7800 hours at home annually. Thus the parents are the biggest influencer for the child. Reading aloud builds a child's “wants” to read. Phonics helps kids read better by teaching them how to sound out words. At the same time it makes them better spellers as they learn how letters and sounds work together.

Phonics is useful in understanding more words for kids and uses them in the field of reading and writing. In this way a bigger vocabulary is built. When they are good at phonics, they can read more smoothly which makes it easier to understand what they read. Thus comprehension becomes fun. In early education teaching phonics is crucial as it lays the foundation for reading and writing. It enables them to decode words.

Phonics enhances literacy skills, promotes comprehension and fosters a love for language and literature. Parents and teachers play significant role in a child's education and learning phonics can help them in their reading development.

- Rashimi sharma

Class Teacher KG-R2

Reading aloud to children  
Increases their imagination  
Power.

Reading is a passport  
to the journey of  
Countless adventures

Children who learn phonics  
tend to be better  
readers, spellers and writers





# Sports Day

One of the most valuable lessons our children learn from sports is -

How to take risks

How to fail gracefully &

How to succeed by overcoming failures

The Prep section of PNS organised a sporting event for tiny tots on 19 Oct 2023 in the school premises. Different races and games were conducted where children were dressed up in bright and colourful attires. The winners were awarded with the medals on the Annual function day of the school.



Thrill - A - Thon



Jumping Crocker



Throttling the ball



# Summer Camp

Learning together is fun. PNS organizes a summer camp every year so that children come together to have fun while learning lifelong lessons. Children develop a sense of independence while trying new adventures in the summer camp. This year it was a six days camp from 15th May to 20th May 2023.

Activities like plant a sapling, poster painting, tie and die handkerchief making, creative craft (Rabbit and snake), dance and music, nature walk and storytelling were incorporated in the camp. The last day children had picnic, dance party and group photo graph to treasure memories for life time. The camp served as a great learning experience for students as well as the teachers.



SUMMER CAMP - Morning Prayer



Little hands at work - plant a sapling



Cock - a - doodle -do



Learning My first canvas painting



Dancing is fun



My rolling, creepy paper snake



# Rising Stars

| Class   | Best Home Work    | Best Uniform        | Best Conduct       | Best Note Book      |
|---------|-------------------|---------------------|--------------------|---------------------|
| Prep-A  | Samriddhi Singh   | Arnav Sinha         | Aaradhya Singh     | Chakrika Singh      |
|         | Aarush Prakash    | Anveshika Das Gupta | Yashashvi Singh    | Niyati Gupta        |
|         | Bhavya Kesarwani  | Ishaan Yadav        | Pankhudi Patel     | Samriddhi Singh     |
| Prep-B  | Ananya Chaudhary  | Bhavya Nagar        | Vedika Shukla      | Kaustubh Pandey     |
|         | Saanvi Singh      | Aadya Agrawal       | Aarushi Tiwari     | Shreya Chaurasia    |
|         | Arnav Singh       | Kayra Nishad        | Dhaanya Srivastava | Yash Vardhan Mishra |
| Prep-C  | Aaditya Upadhyay  | Krishna Mishra      | Arnav Singh        | Abhyuday Pal        |
|         | Ratnesh Kr. Singh | Yatharth Singh      | Aindri Atreya      | Arnav Singh         |
|         | Margi Choudhary   | Jayana Singh        | Anika Patel        | Margi Choudhary     |
| Prep-D  | Agastya Ojha      | Amaira Singh        | Anaisha Singh      | Areeba Farooqui     |
|         | Namish Agarwal    | Tavishi Singh       | Avani Dutt         | Armaan Mittal       |
|         | Vipul Singh       | Reyansh Chaudhary   | Abhay Sen          | Yuvika Shukla       |
| Prep-E  | Anaya Singh       | Arya Mishra         | Aayur Mishra       | Aadya Verma         |
|         | Varennya Agarwal  | Aadhya Goswami      | Aarunya Singh      | Manvik              |
|         | Advik Verma       | Arnav Kumar         | Akshita Singh      | Sarvika Singh       |
| Prep-R1 | Samvart Pathak    | Sanskriti Pandey    | Bhanvi Jain        | Pavani Gupta        |
|         | Aaradhya Mehrotra | Bhanvi Jain         | Yashvi Choudhary   | Pratishtha Maurya   |
|         | Pratishtha Maurya | Anvi Yadav          | Shivanshi Goswami  | Aaradhya Mehrotra   |
| Prep-R2 | Achintya Agarwal  | Ransh Kawatra       | Samiksha Yadav     | Lavanya Malviya     |
|         | Ava Kesarwani     | Arnie Singh         | Siddhi Srijal      | Advik Anand         |
|         | Myrah Kesarwani   | Advika Shresth      | Tejaswani Shukla   | Anika Kesarwani     |
| Prep-R3 | Nitya Pandey      | Aarav Chaudhary     | Sanya Singh        | Saanchi Tiwari      |
|         | Vamika Pandey     | Naisha Pandey       | Yaashwan Singh     | Vanishka Chaudhary  |
|         | Adamyia           | Shaurya Rai         | Stavya Mathur      | Shivansh Tiwari     |



# Jewels of Prep

| Class   | English Writing    | Hindi Writing         | Drawing           | Craft Activity      |
|---------|--------------------|-----------------------|-------------------|---------------------|
| Prep-A  | Shinoy Chandra     | Aaradhya Singh        | Samriddhi Singh   | Raunak Singh        |
|         | Aarna Sharma       | Naitik Gupta          | Anshuman Shukla   | Shinoy Chandra      |
|         | Madhavi Singh      | Chakrika Singh        | Pranjal Tiwari    | Saanvika Ghosh      |
| Prep-B  | Harshit Singh      | Aarushi Tiwari        | Siddhant Singh    | Pragya Singh Gautam |
|         | Aanvi Raj          | Ojasvi Jaiswal        | Ojasvi Jaiswal    | Saurya Jaiswal      |
|         | Saanvi Srivastava  | Yash Vardhan Mishra   | Saanvi Srivastava | Ananya Chaudhary    |
| Prep-C  | Aindri Atreya      | Saumya Yadav          | Tejas Singh       | Jayana Singh        |
|         | Sanchika Singh     | Harsh Vardhan Singh   | Saumya Yadav      | Yatharth Singh      |
|         | Yashasvi Yadav     | Devansh Kr. Patel     | Kritik Pandey     | Saumya Yadav        |
| Prep-D  | Karnika Singh      | Areeba Farooqui       | Anaisha Singh     | Ishan               |
|         | Aarna Yadav        | Karnika Singh         | Aarna Singh       | Ashutosh Upadhyay   |
|         | Anaisha Singh      | Avani Dutt            | Vipul Singh       | Praneel Singh       |
| Prep-E  | Raghvi Sharma      | Aarna Singh           | Vanika Srivastava | Aaradhya Singh      |
|         | Satvik Khushwaha   | Archit Mishra         | Saransh Mehta     | Rehansh Pathak      |
|         | Arya Mishra        | Aadhya Verma          | Ashutosh Yadav    | Krishna Agarwal     |
| Prep-R1 | Pratishta Maurya   | Anvi Yadav            | Pratishtha Maurya | Vrutiksha           |
|         | Aaradhya Mehrotra  | Aaradhya Mehrotra     | Aaradhya Yadav    | Sanskriti Kesarwani |
|         | Yashvi Choudhari   | Ishita Srivastava     | Ishita Srivastava | Pavani Gupta        |
| Prep-R2 | Aahana Shukla      | Shivansh Singh        | Shreyam Sankhwar  | Manya Agarwal       |
|         | Advik Kushwaha     | Samiksha Yadav        | Advik Anand       | Arya Agarwal        |
|         | Advika Shresth     | Yug Kumar Jha         | Swara Maurya      | Shreshtha Agarwal   |
| Prep-R3 | Sanya Singh        | Vamika Pandey         | Aryama Tripathi   | Prajwal Mishra      |
|         | Aditri Maurya      | Saanchi Tiwari        | Sarthak Singh     | Divyansh            |
|         | Vihan Pratap Singh | Pratiyush Kumar Singh | Ridhanya Singh    | Anika Parihar       |



# OUR TEACHING STAFF



**Sitting (L-R)** : Ms. Vibha Mishra, Mrs. Sonia Mehrotra, Mrs. Richa Yadav, Mrs. Vandana Agrawal, Mrs. Vibha Srivastava (Headmistress), Mrs. Shilpa Nighoskar, Mrs. Namrata Bhardwaj, Mrs. Meenal Narang, Mrs. Namita Agrawal

**Standing (L-R)** : Ms. Pragati Mishra, Mrs. Rashmi Sharma, Mrs. Sunaina Singh, Mrs. Saumya Jauhari, Mrs. Namrata Arya Shekhar, Ms. Akanksha Chaurasia, Mrs. Smriti Jaiswal, Mrs. Swati Srivastava, Mrs. Ritambhara Mishra, Ms. Shivani Kesarwani, Mrs. Kavita Kumari Goel, Mrs. Simpy Choudhary, Mrs. Aakriti Singh, Mrs. Khushboo Maheshwari, Ms. Tulika Mishra, Mrs. Sunita Ray, Mrs. Shalini Agrawal, Mrs. Shweta Tandon, Ms. Nivedita Bisht, Mr. Manish Kumar



